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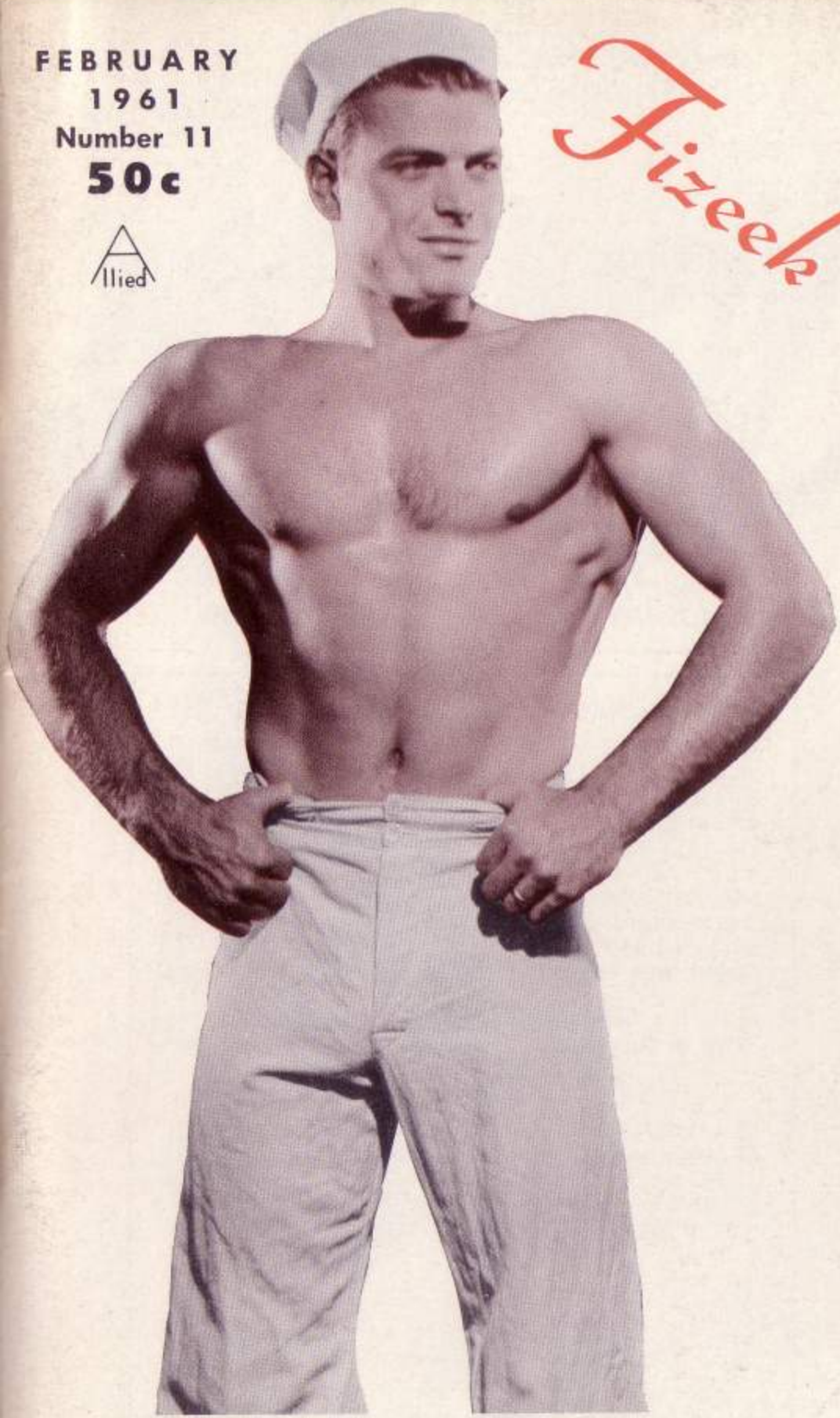

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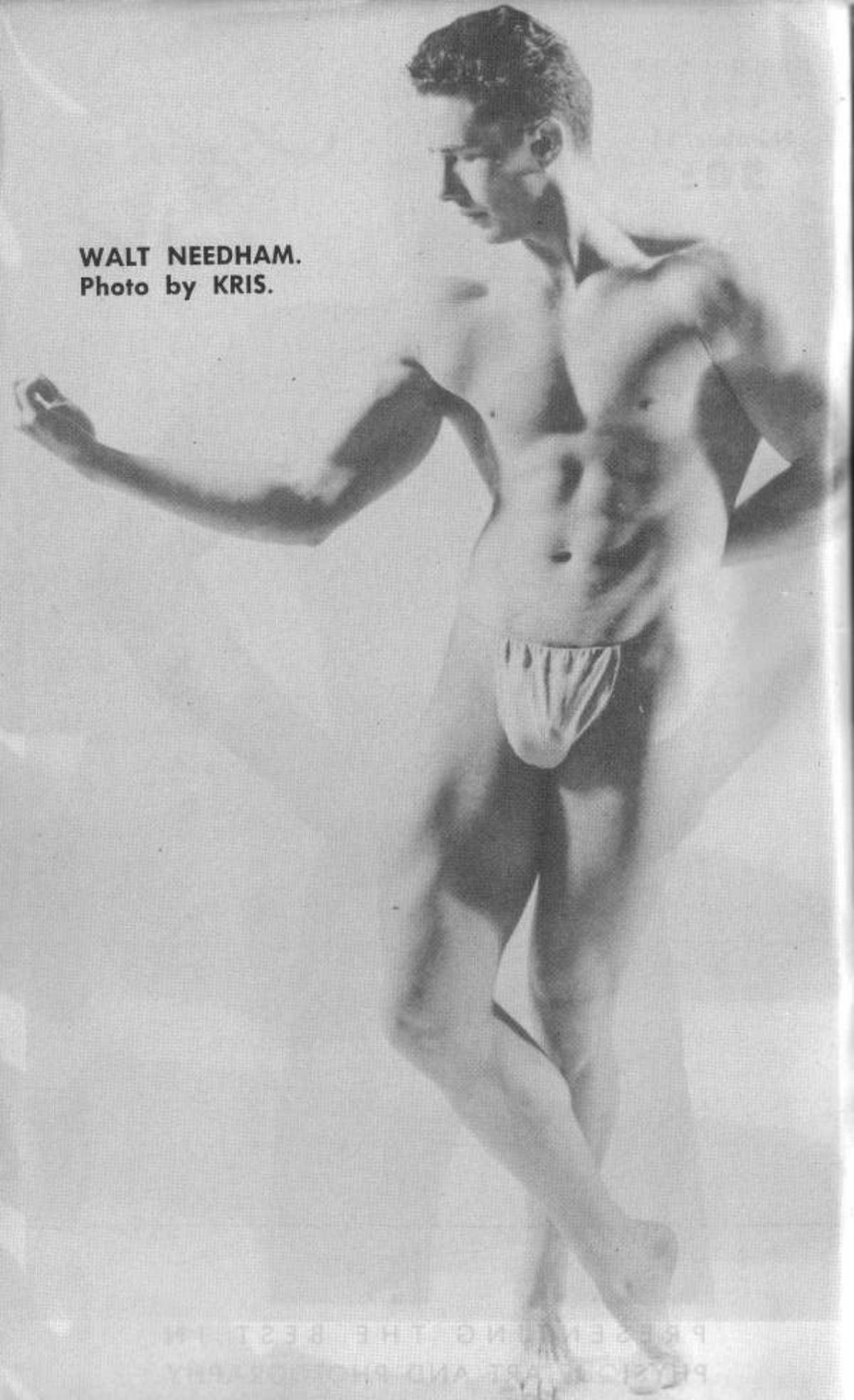

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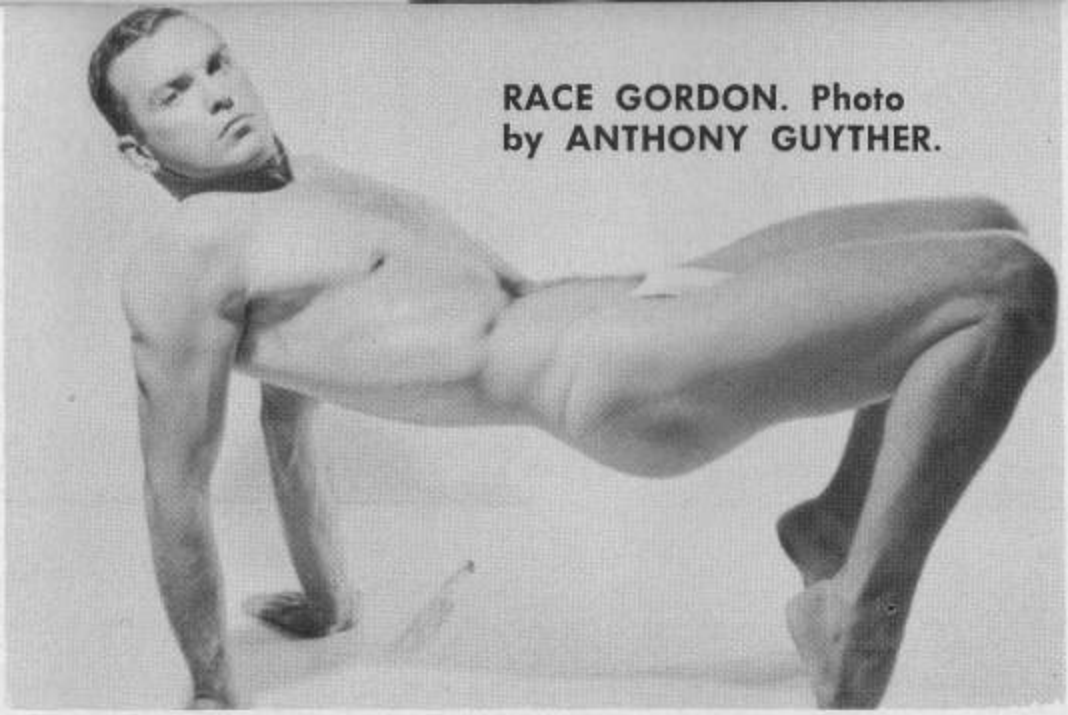

RACE GORDON. Photo by ANTHONY GUYTHER.

COVERMAN: Well known bodybuilder DON DECKMAN. Photos by FALCON.

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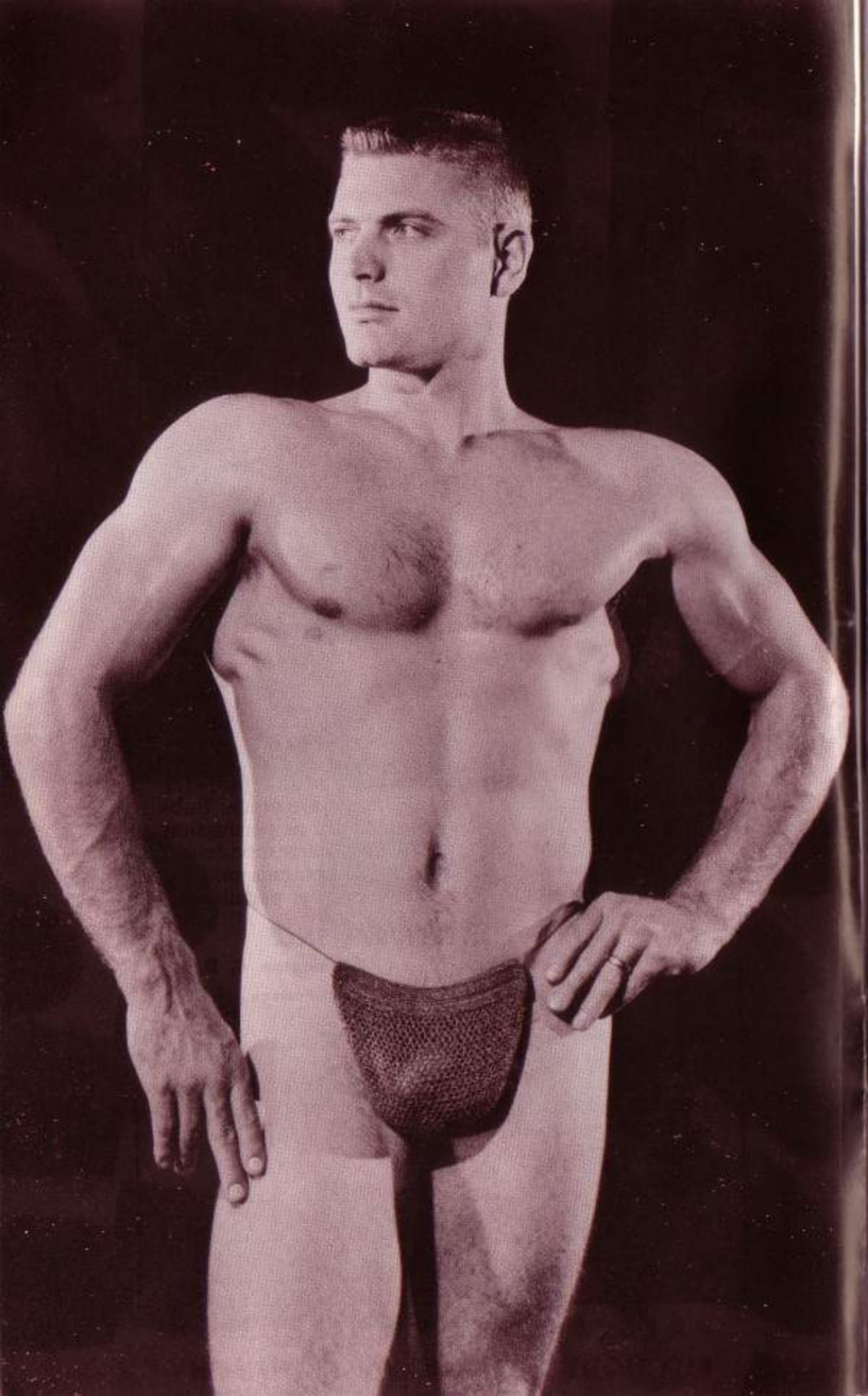

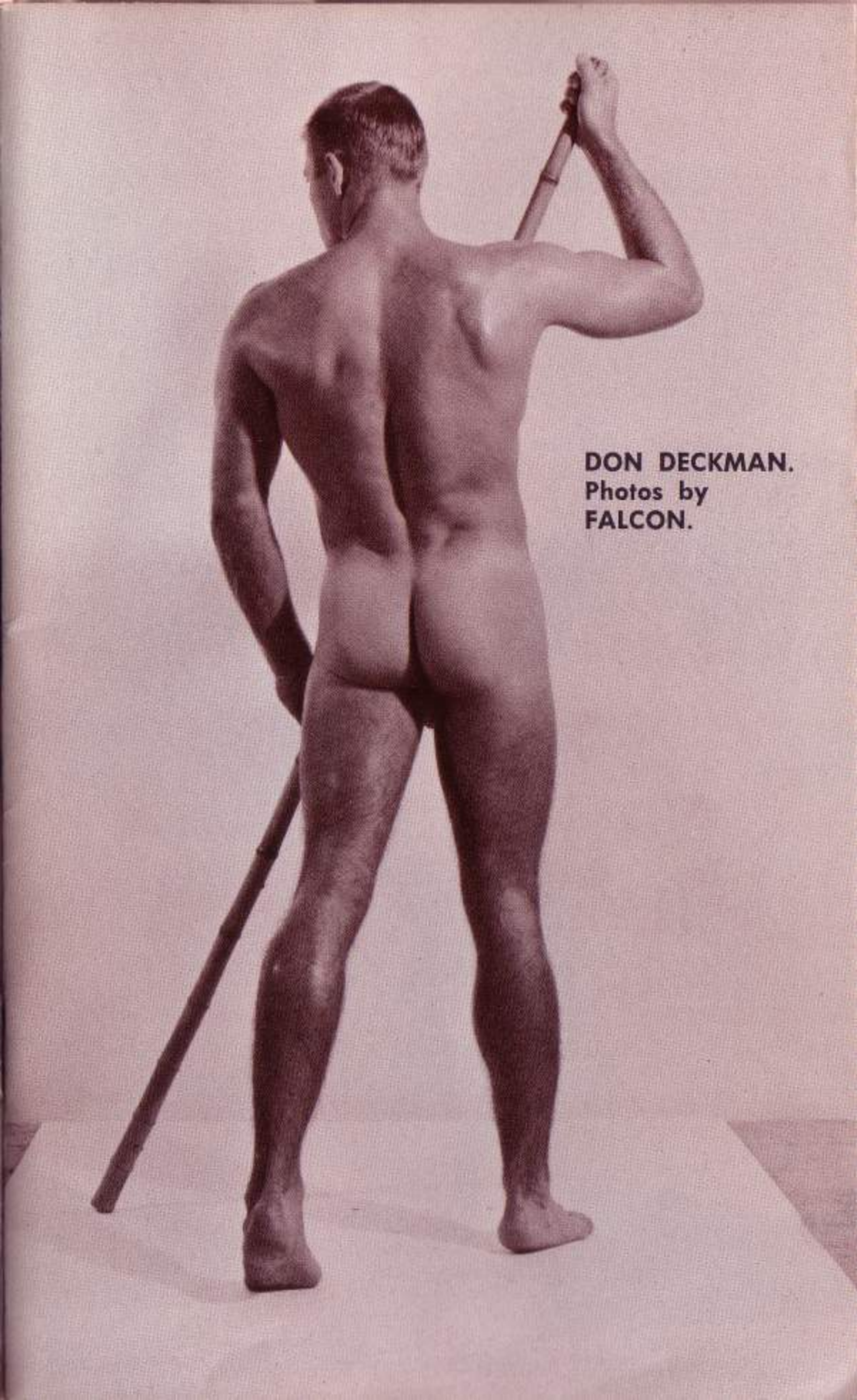

DON DECKMAN.
Photos by
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FRECKLES
CAN BE FLATTERING

— by —
Jon Parker

Were you pleased when you were dubbed "King of Freckles," at the age of six? And did your pride turn to pain when you reached teen-age and someone called you "Freckles" behind your back? These little sun spots on your face need not darken your social life if you learn how to live with your freckles.

Ephelides, as freckles are known by their medical name are usually bestowed by Mother Nature upon persons with a light skin, such as blondes and redheads. These little spots lie flat on the face, are not bumpy and are entirely harmless. They do *not* cause skin cancer or other ailments. If you're a light-skinned person, you have less pigment than those who are dark-skinned; even though the latter can have freckles, as well, your light skin makes you much more vulnerable to the rays of the sun.

When your freckles become invisible during winter, do not decide they are gone for good. With the brightening rays of summer sun, they become more visible. The longer you expose your freckled-face to the sun, the darker and more intense do the sun spots appear. Freckles usually fade out almost completely in many persons as they grow older; but when you're young, they can certainly be embarrassing—if you don't do anything to lighten your freckles or dress accordingly to de-emphasize their noticeability.

To lighten your freckles, a make-up consultant of a prominent cosmetic firm says, "Bleach your skin with lemon juice and then cover with a tinted foundation base."

Peeling your skin will not remove your freckles. The successful freckle remover is a lotion or formula that contains a caustic. It may scar your skin if used carelessly and should be administered by your physician or a competent dermatologist.

Just twenty minutes under direct sunlight will darken your freckles. When going out of doors, wear a wide-brimmed hat that shields your face. Colors should be rich blends of deep beige, navy, wine. Polka dots or stripes will intensify your freckles by sight so wear them only during the winter months when the spots fade away.

Of course, you cannot cover yourself up completely when going out into sunshine. It's healthful to receive the beneficial rays of the sun. Is there some protective covering cream to use? Most definitely. Herman Goodman, M.D. and leading skin specialist, says, "There are presently available a number of chemical preparations that are said to prevent the sunlight from directly passing into the skin. These chemical compounds are placed in creams and liquids. Spread these creams over the areas of the exposed skin and stay out under the sun for extended periods of time. Your freckles should not become much darker, if they darken at all. However, before using a cream, make patch tests on your arms. If the freckles on your arm do not darken after prolonged exposure, then spread this cream over that portion of your body which will be exposed to the sun and have yourself a happy time."

To screen out the harmful rays of the sun, there are some creams and loctions available containing these protecting agents: *paraaminobenzoic acid* and *salicylic acid*. A waterproof cream is necessary. During noon hours when the sun is at its most severe intensity, stay out of direct exposure, as much as possible.

A glare from water, a mirror or any shiny surface that reflects upon your skin can also darken the freckles.

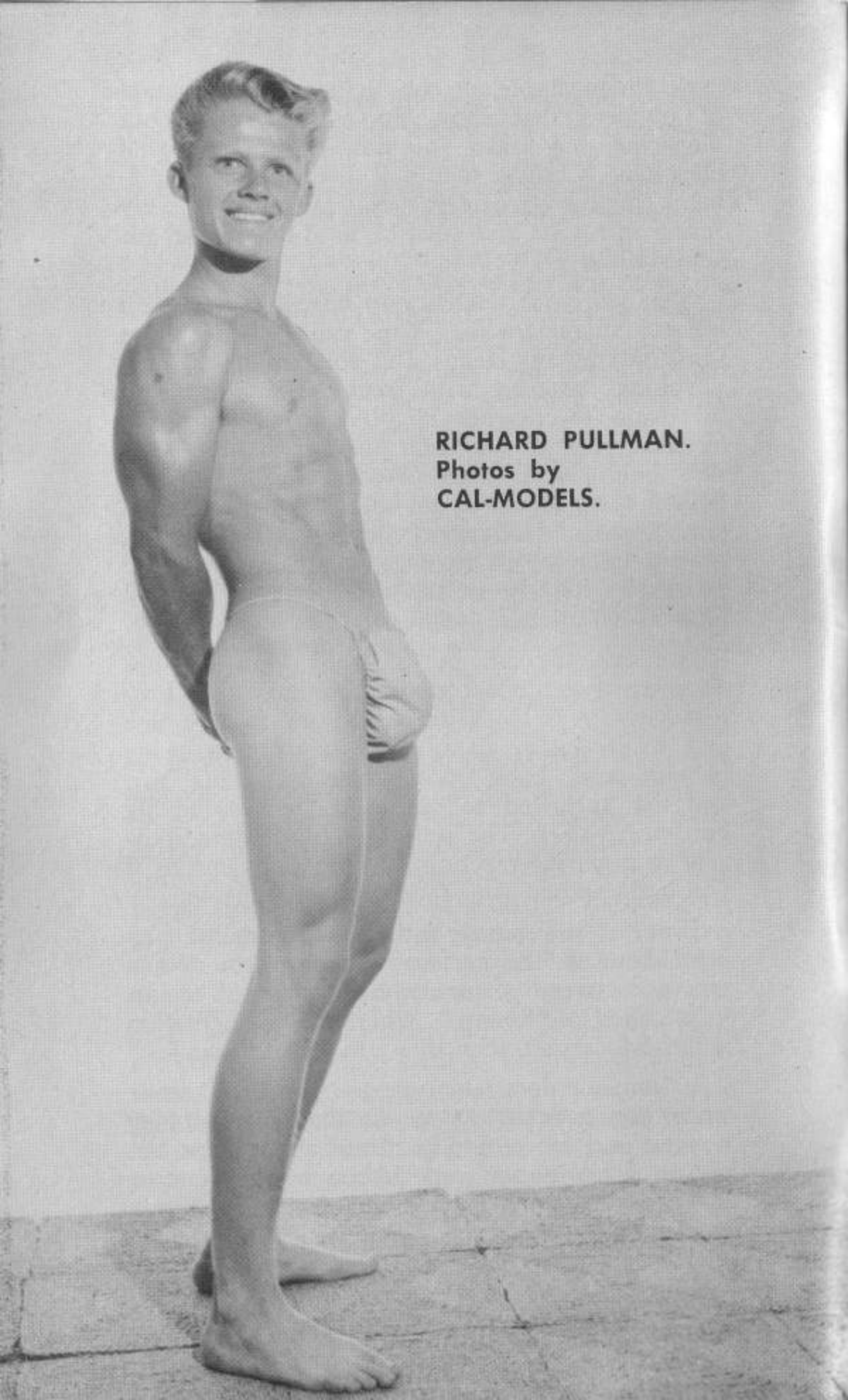
A chemical bleach can lighten the collection of pigment that show up as freckles. Your physician may show you how to use a special bleaching solution that will neutralize the pigment in the freckles; these are usually very *severe* in results and must be used *only* under his supervision.

You see, your tendency to have freckles is an inborn characteristic. You can't change that sensitivity by any means. But you can make yourself look flattering with freckles. Subdue them by using facepowder slightly lighter than the freckles. Comb your hair in a style that is as rich looking as possible. Wear colors that blend in with your freckles, not that make them stand out. Some of Hollywood's leading screen heroes have a full crop of freckles—and have achieved popularity because of them! Freckles make you look rather piquant—different and interesting.

Not only the sun, but a strong wind also has an intensifying effect upon your freckles. Protect your skin from over-exposure to sunshine and wind—either in summer or winter. Many persons come back from a weekend skiing trip and are surprised to see their freckles having become so dark. The reflection from white snow acts in a glaring reaction; it's just the same as if you had exposed your face to direct sunshine.

Freckles are merely little collections of pigment beneath the surface of your skin. When you are covered completely with a dark color, it is called a "suntan." When the pigmentation is more localized, then they are called "freckles."

If someone does label you as "Freckles," smile when you hear it! It means that you're being noticed and be as good-natured about it as the person who notices you! It can be the start of a friendship which is possible only because you have freckles!



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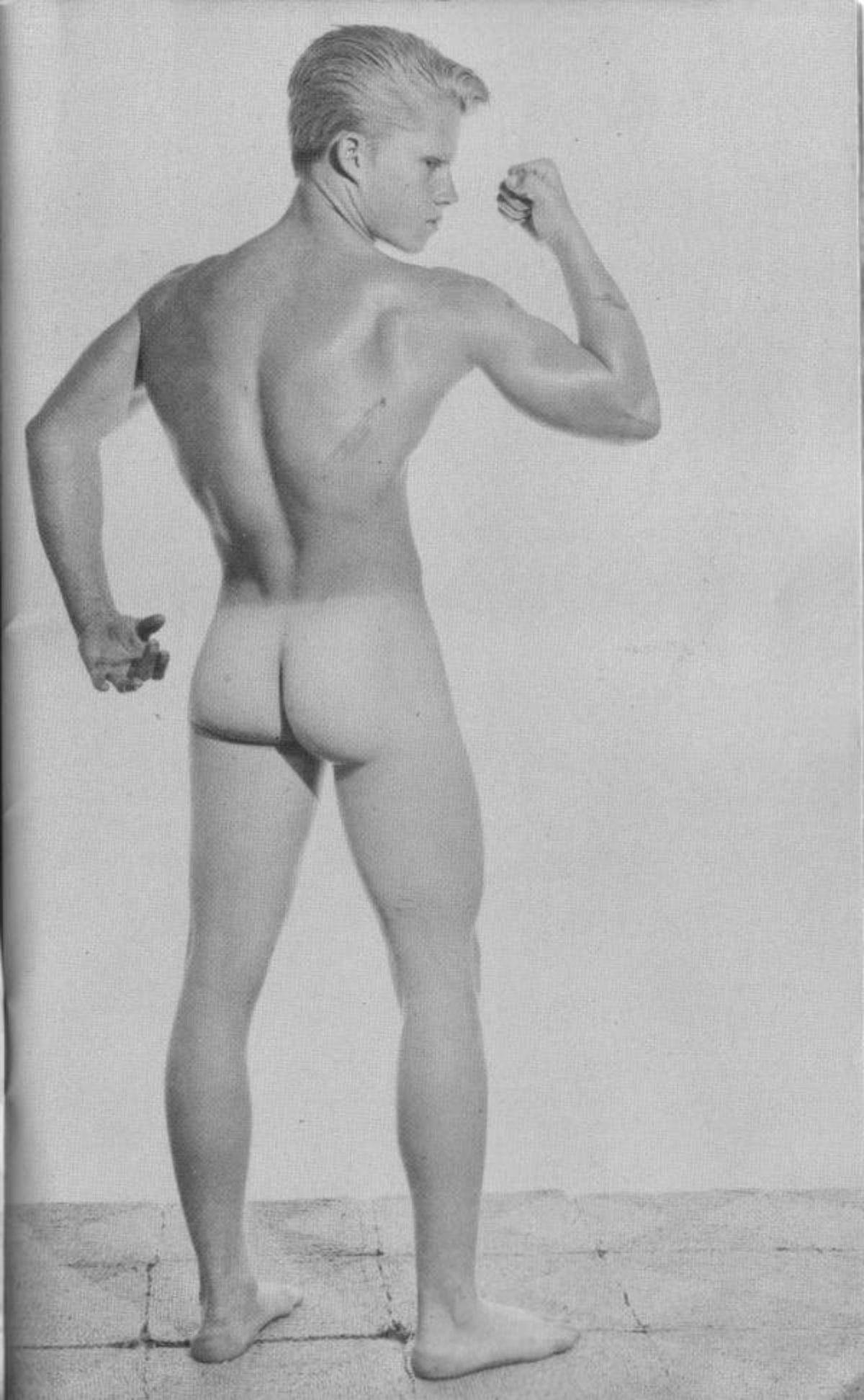

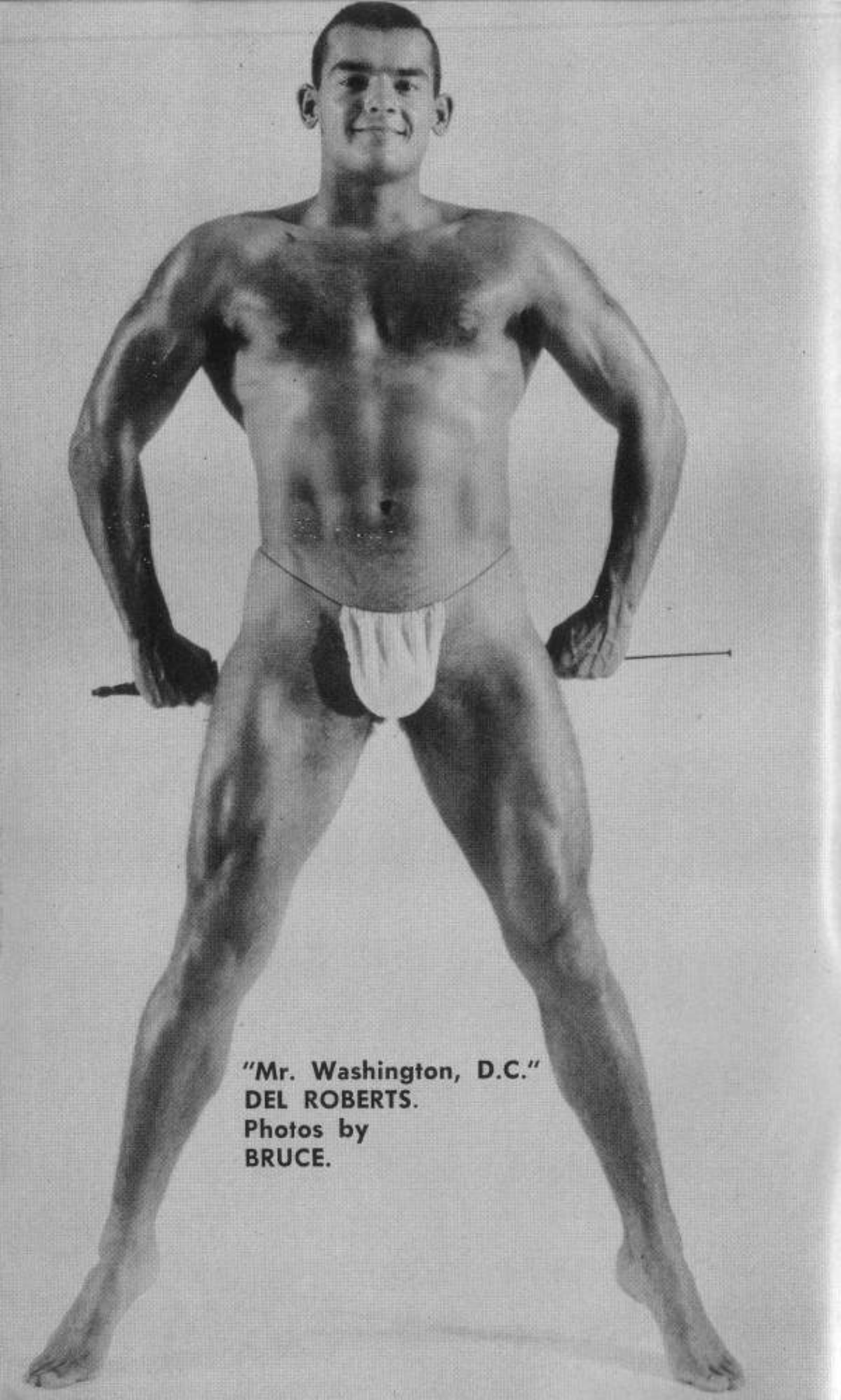

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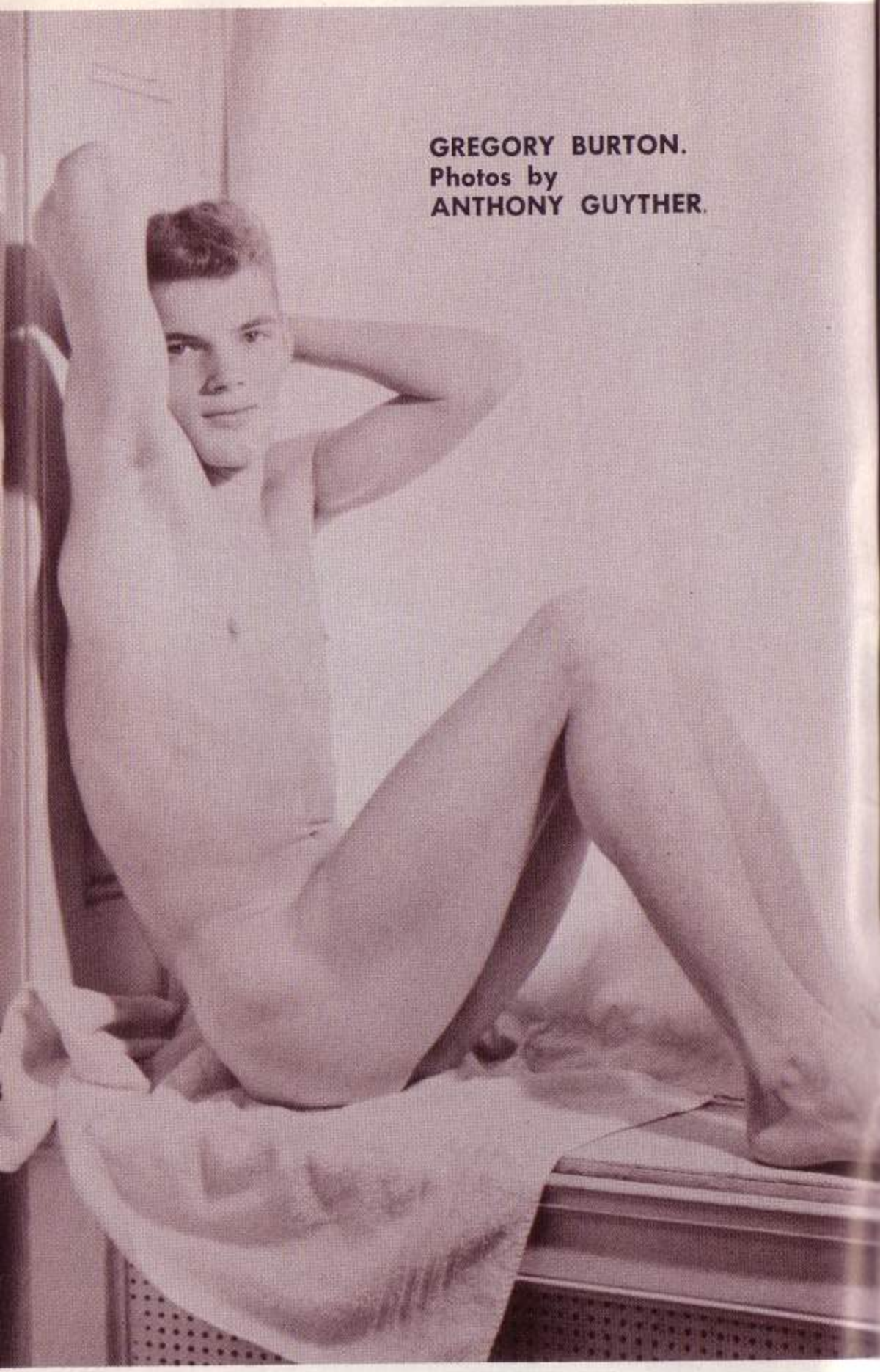

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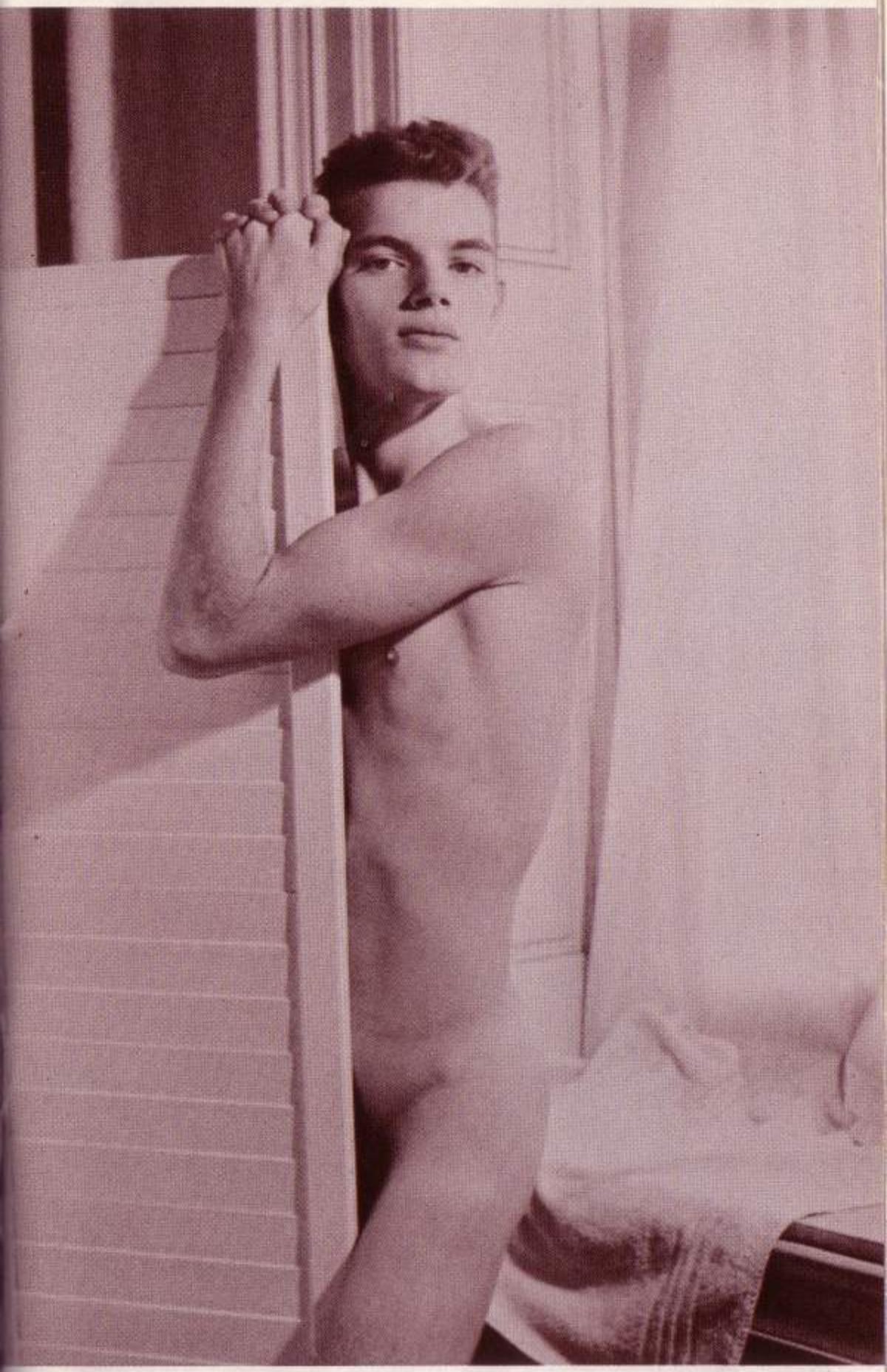

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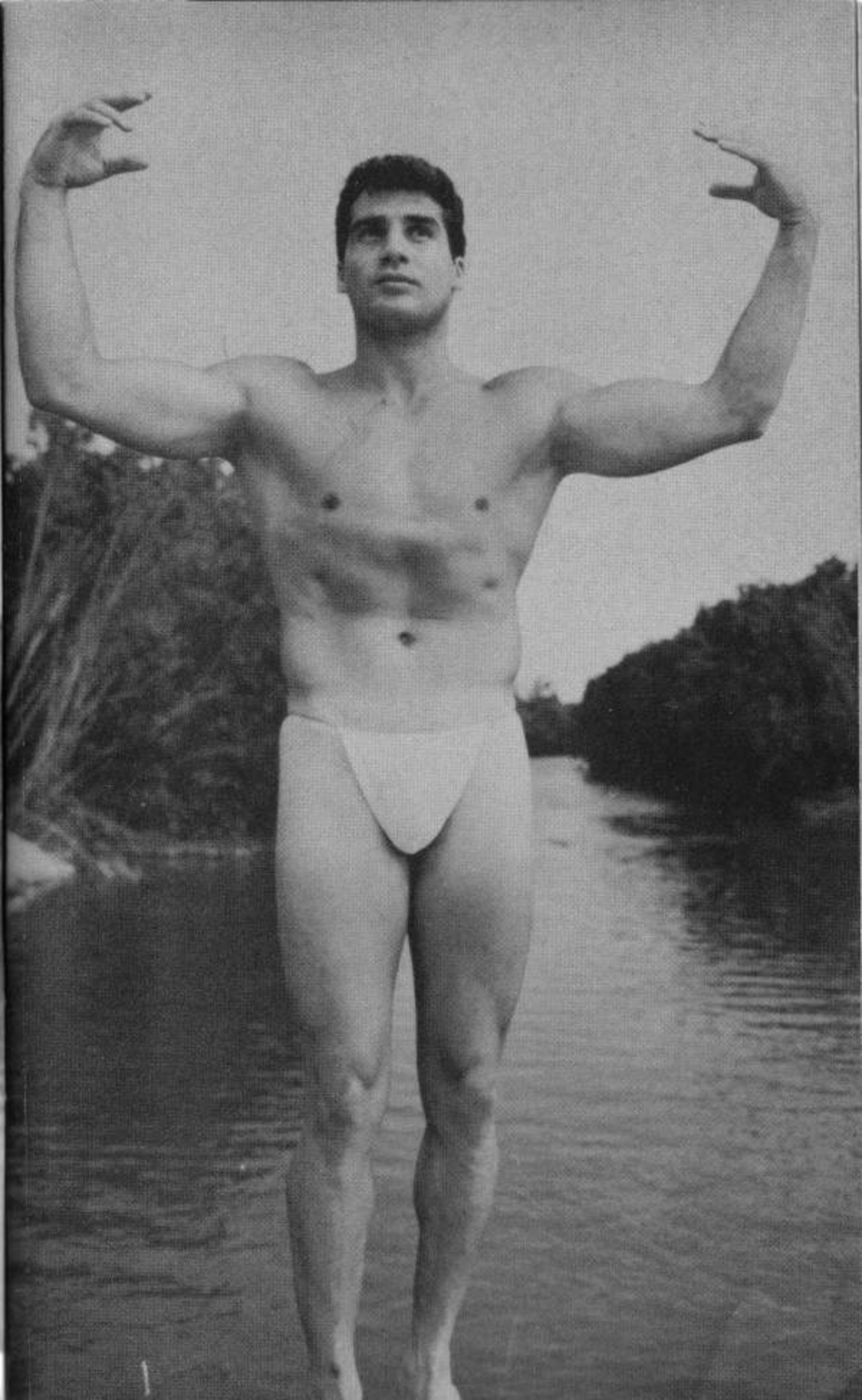

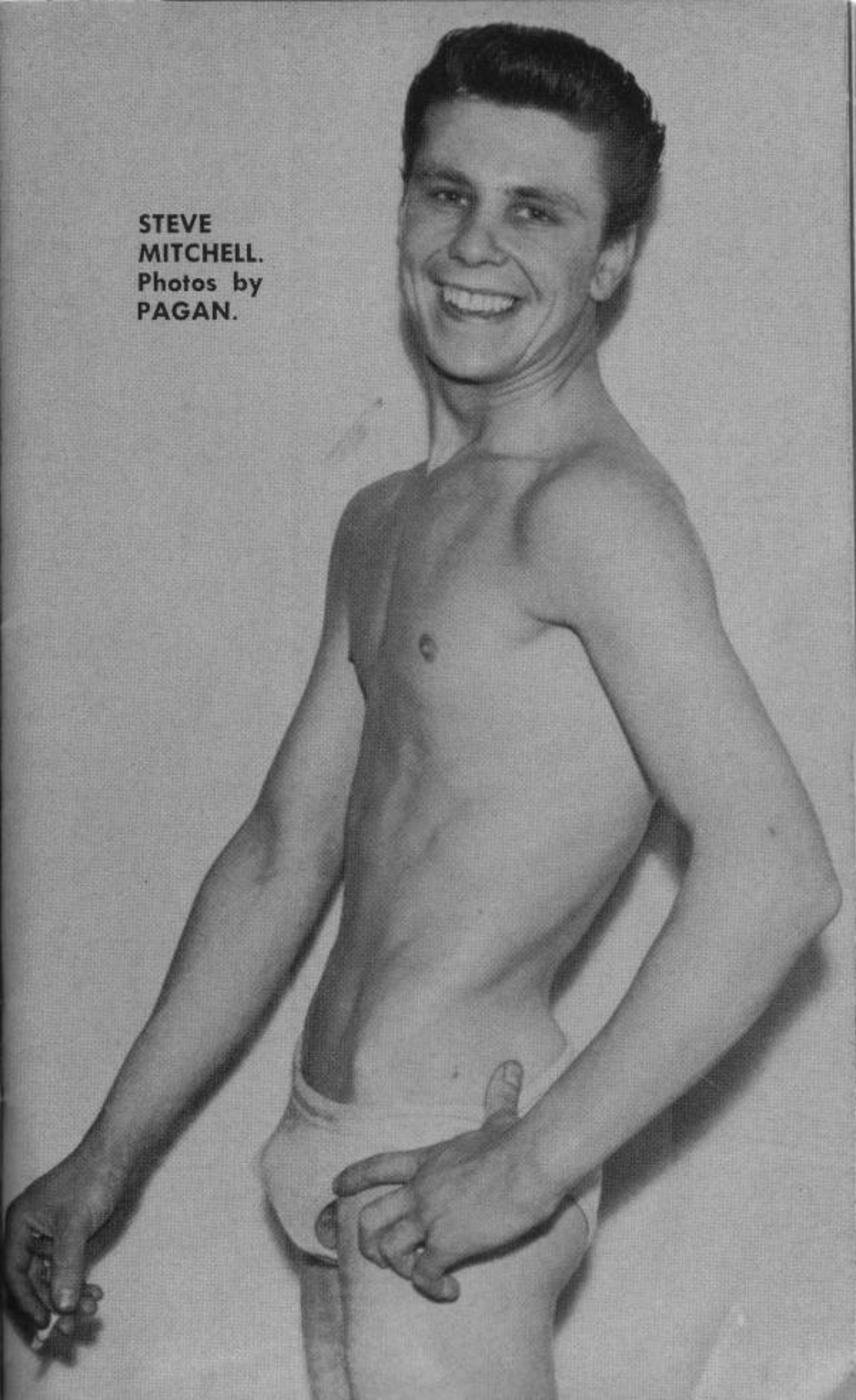
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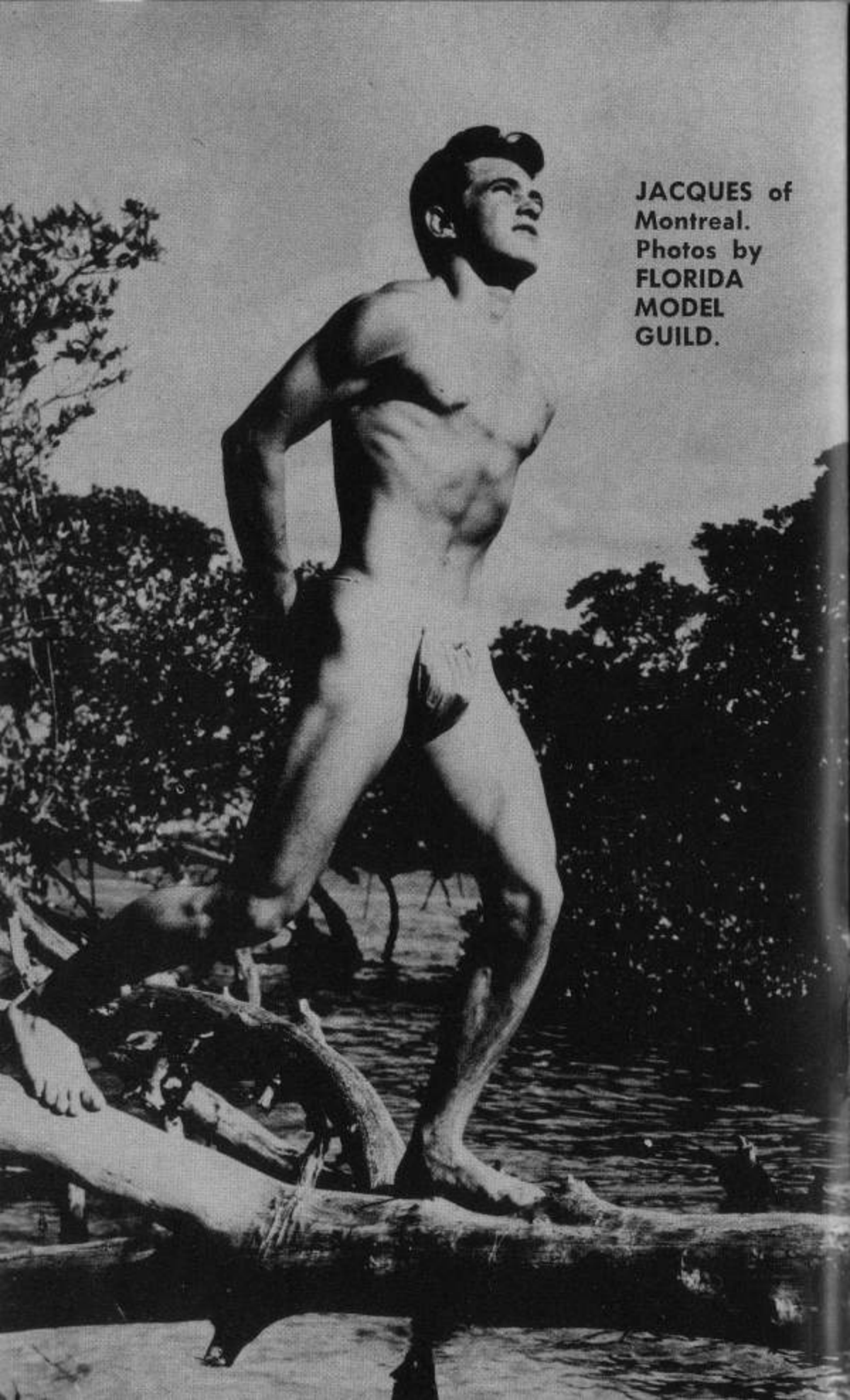
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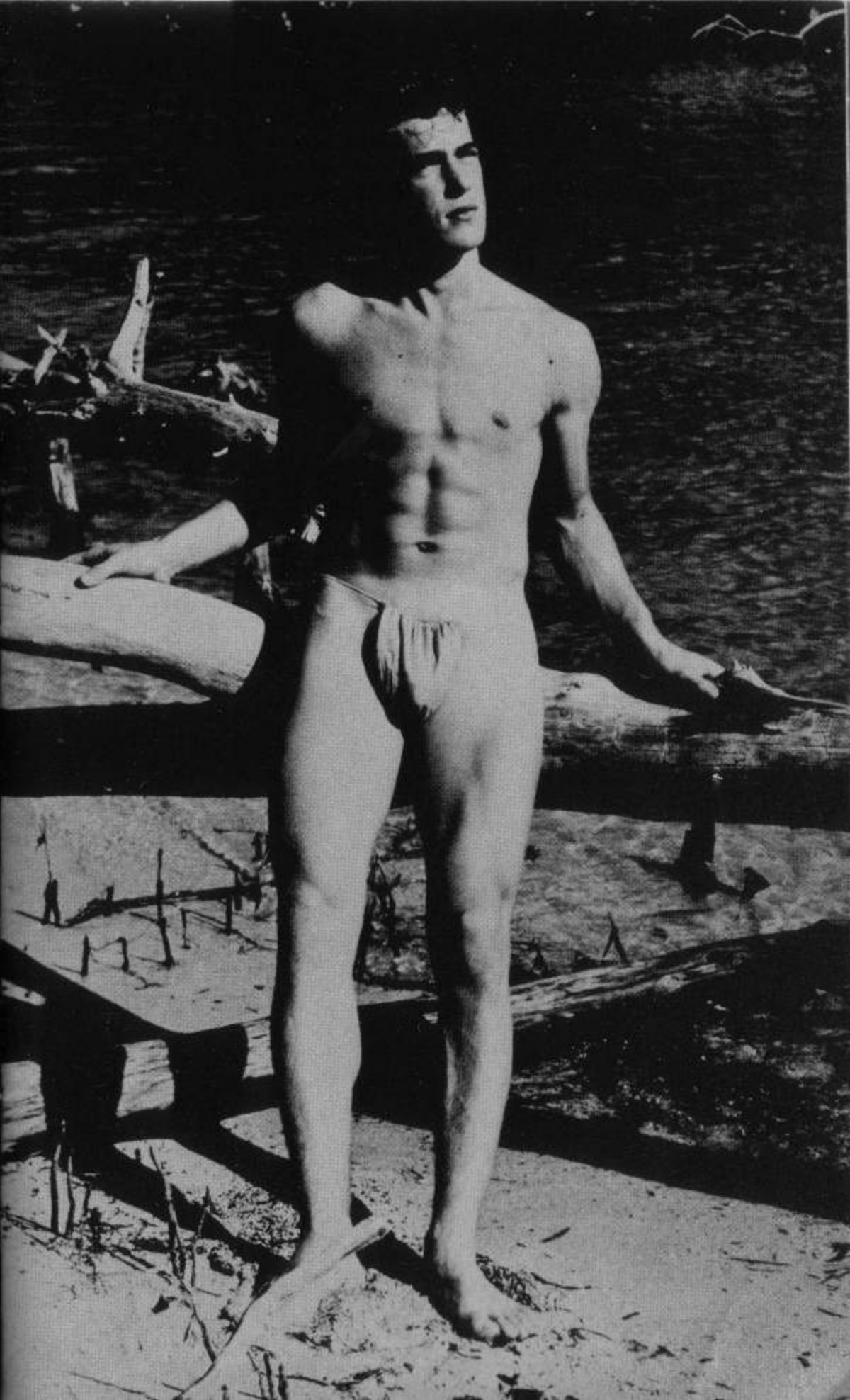

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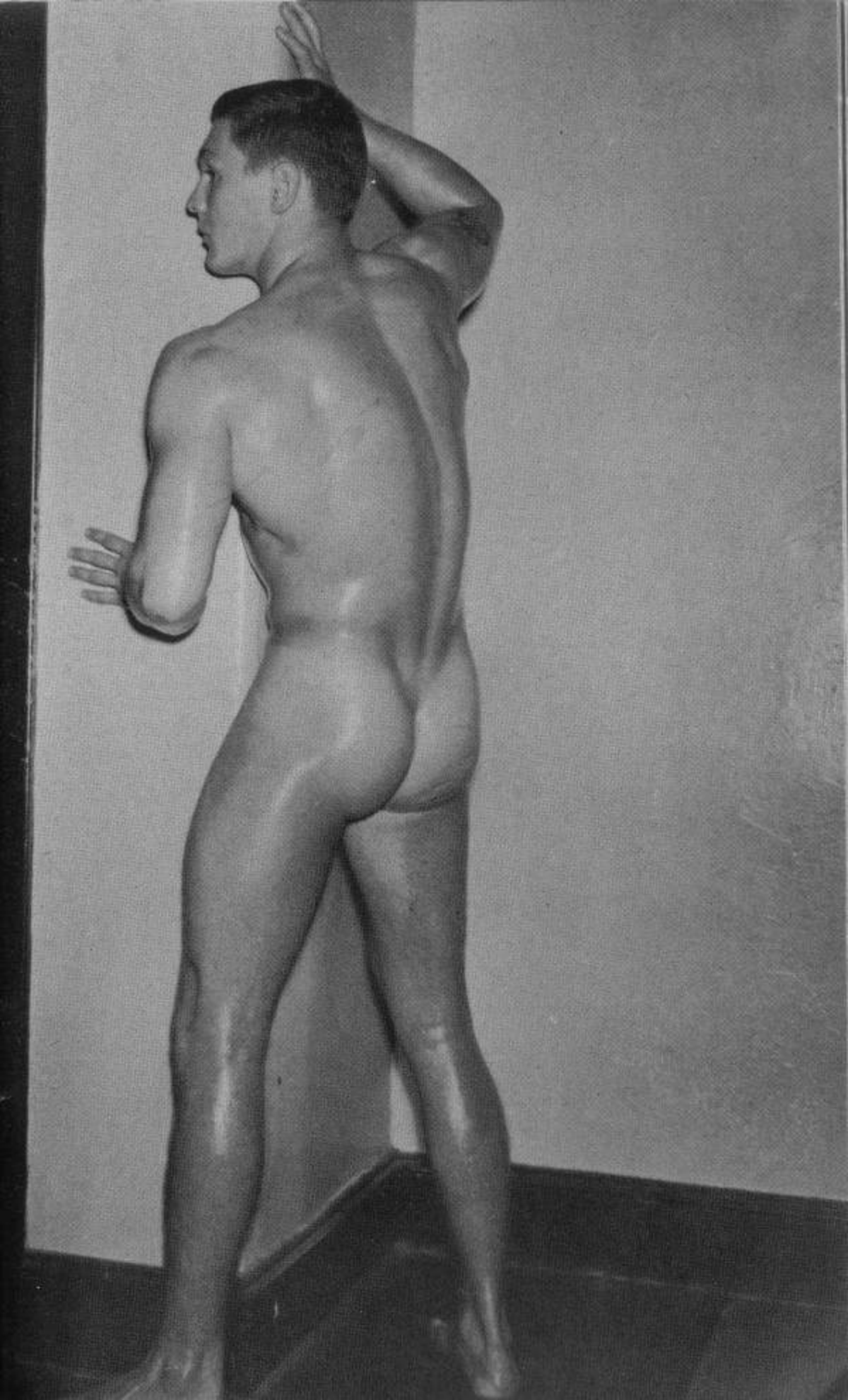

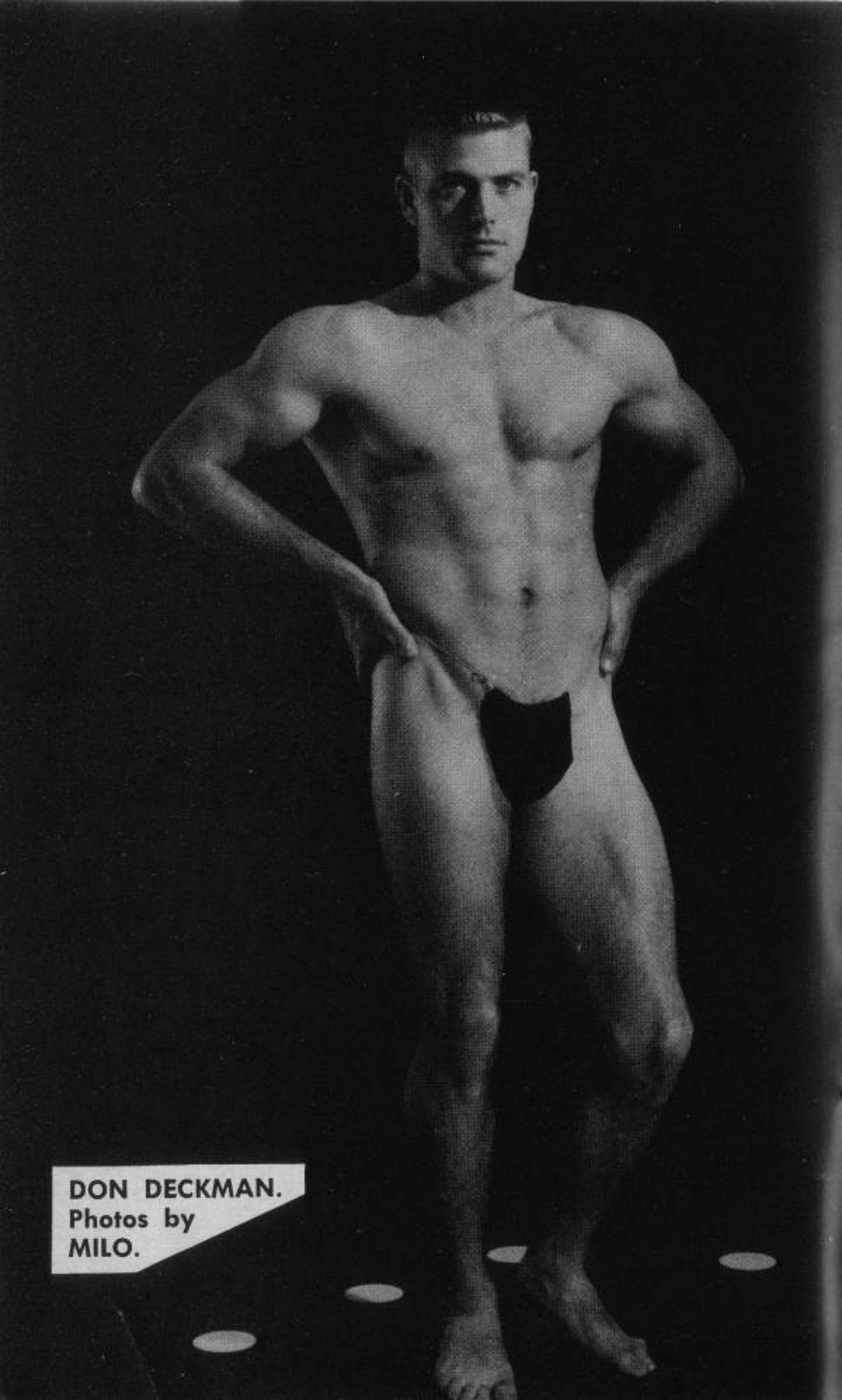
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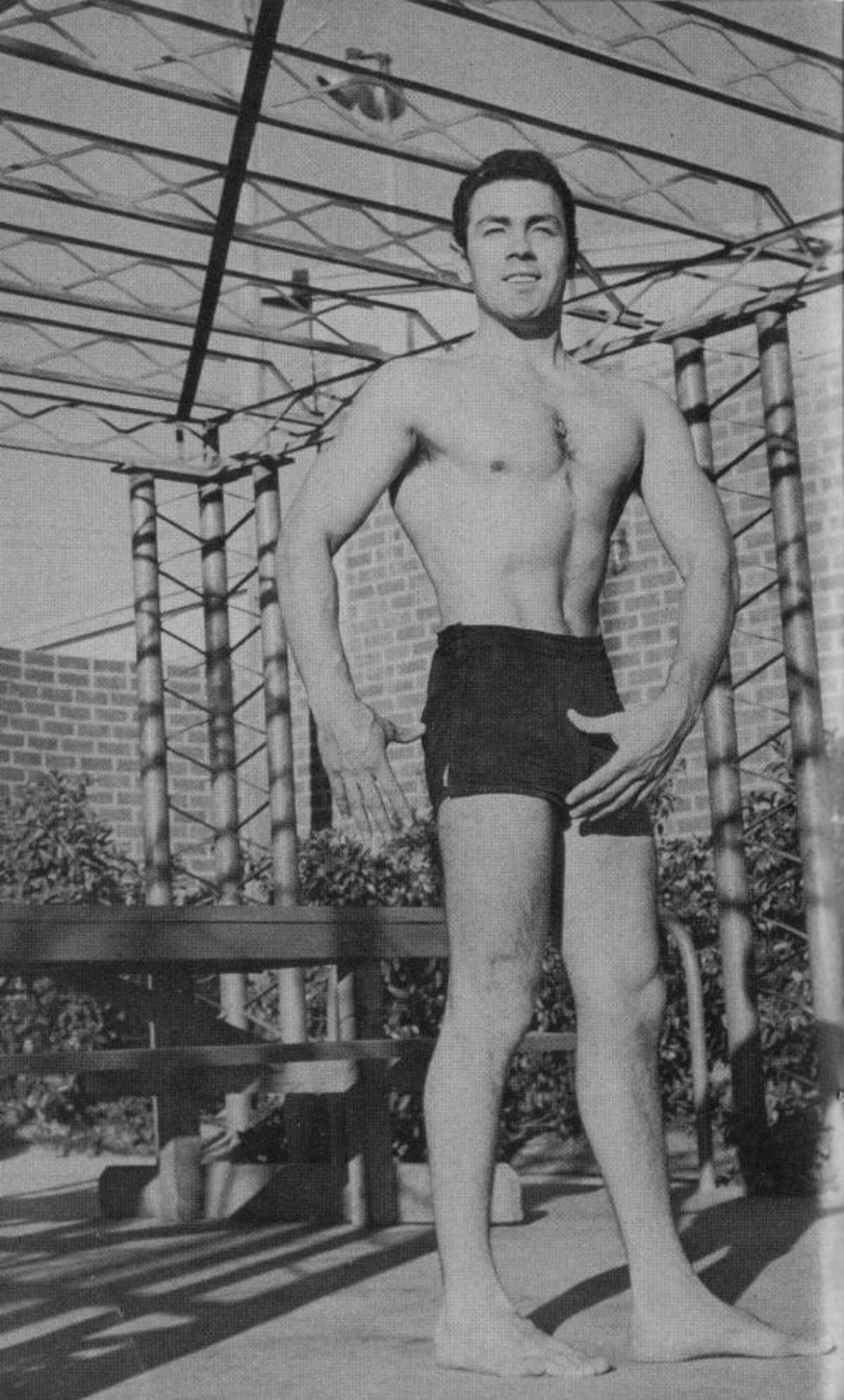

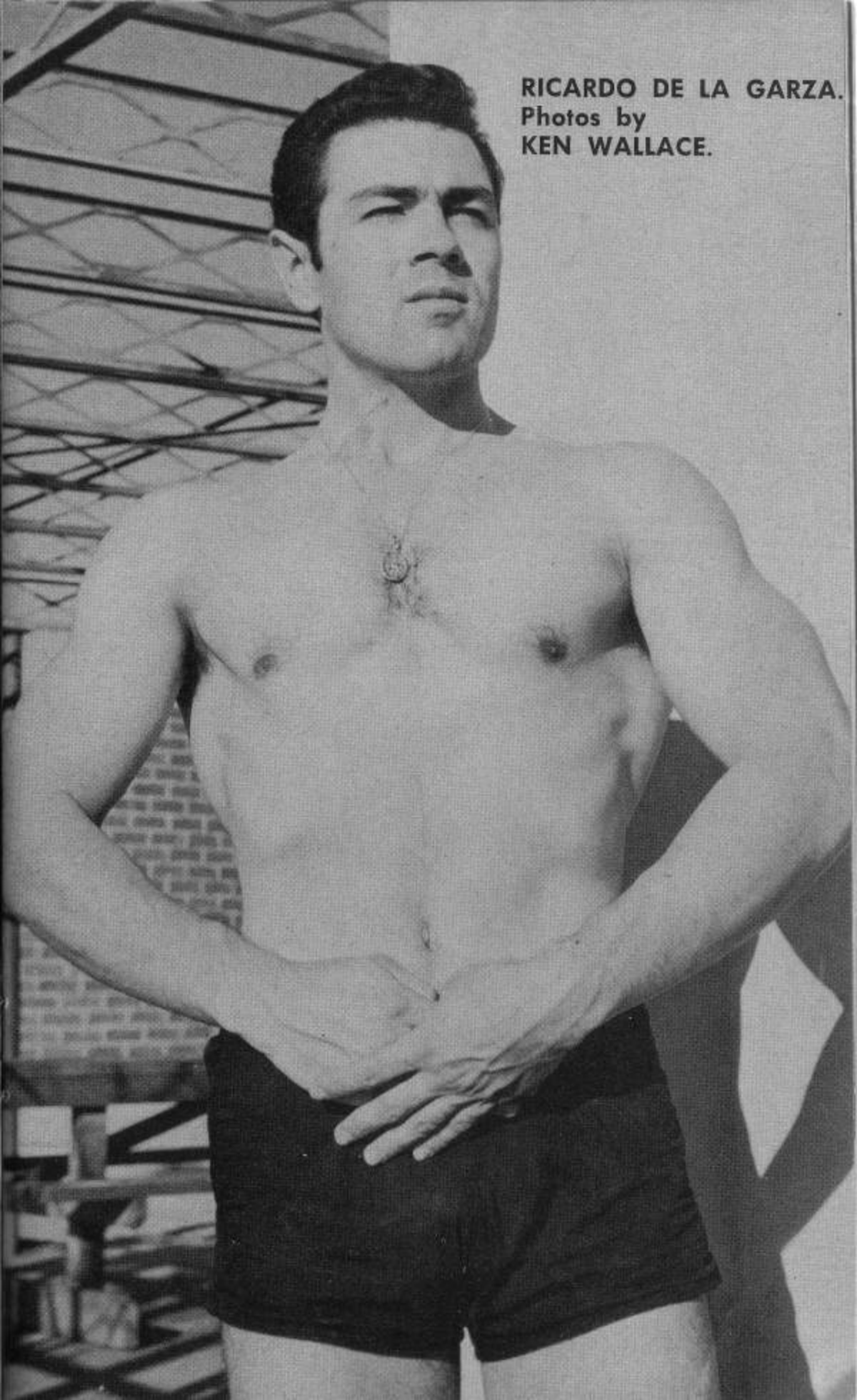

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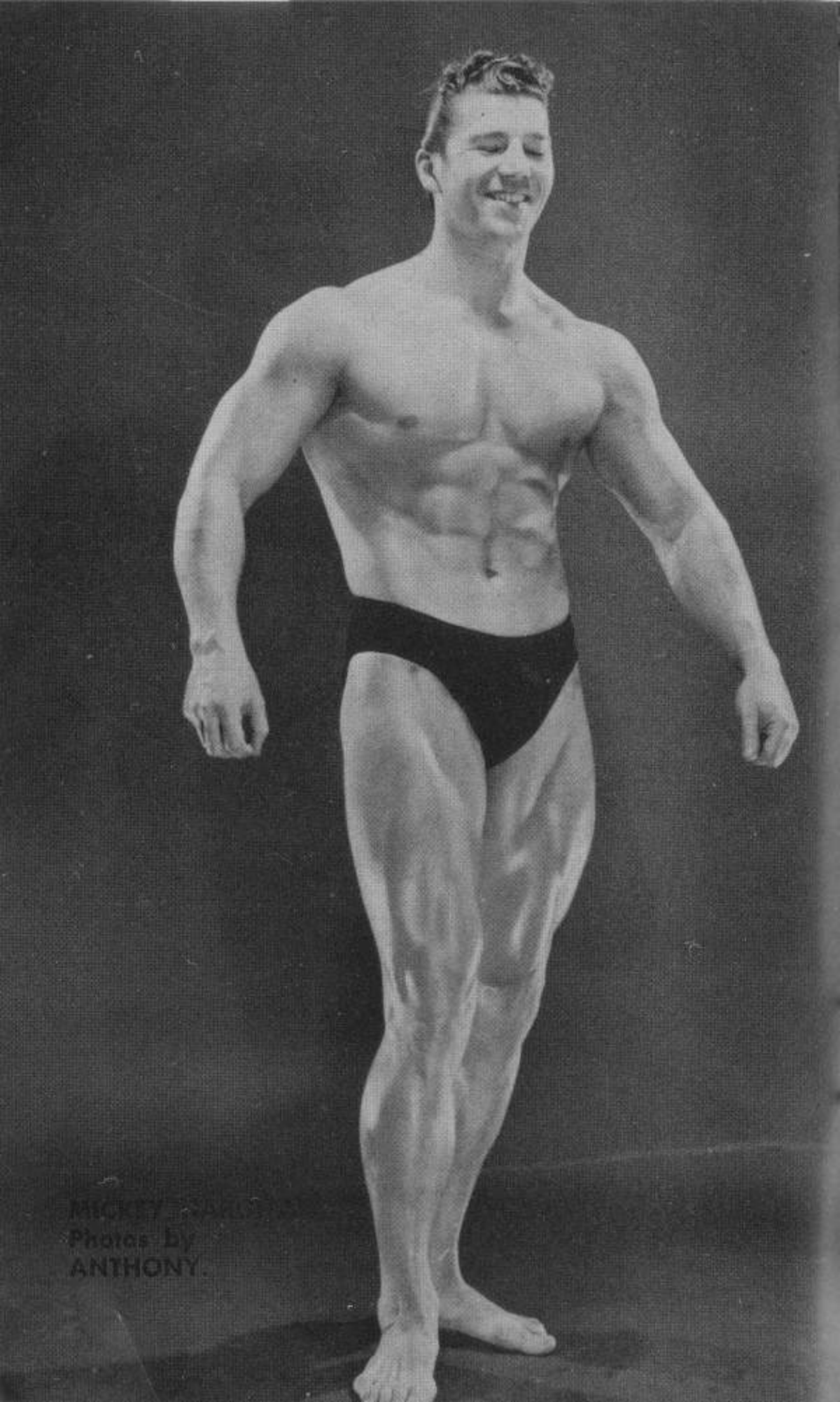
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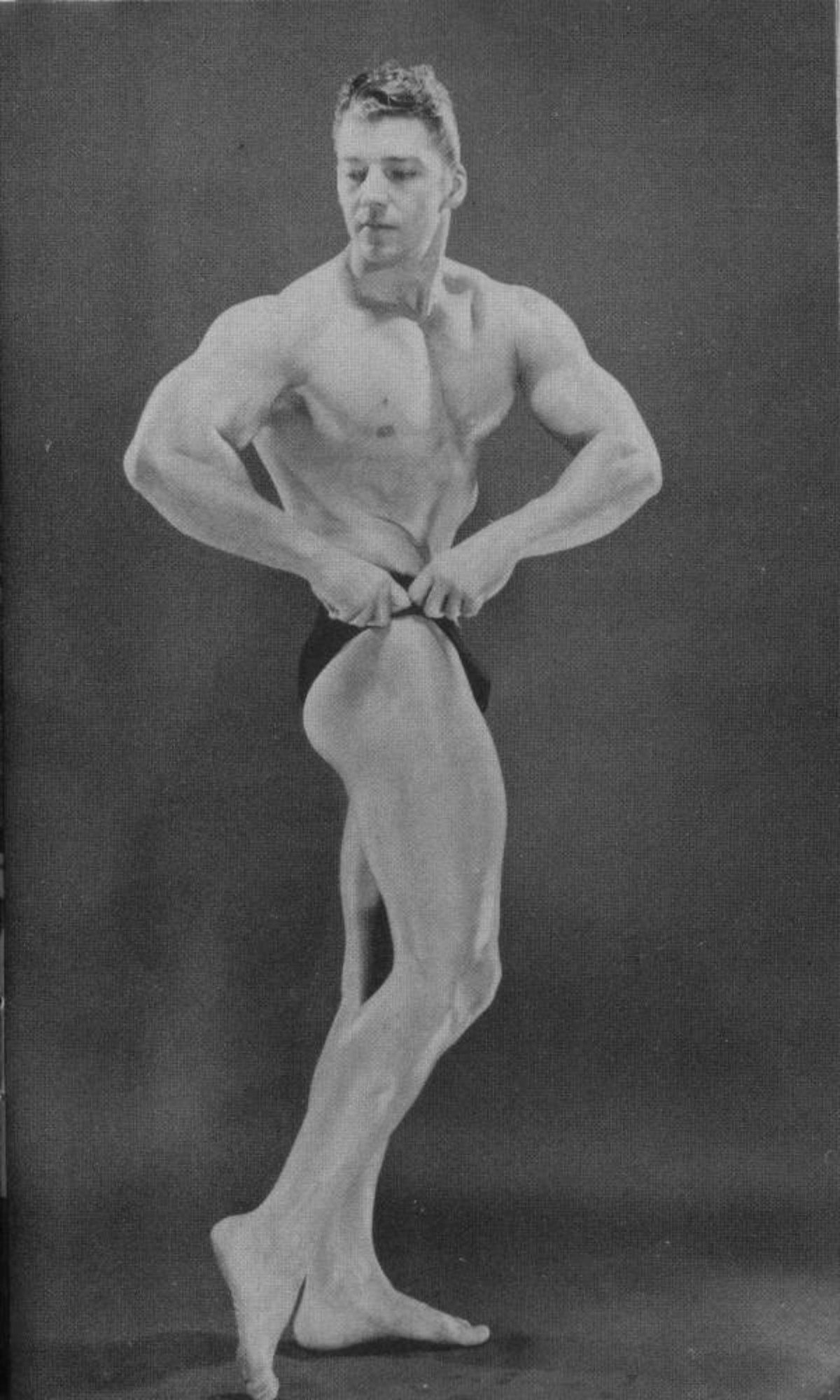

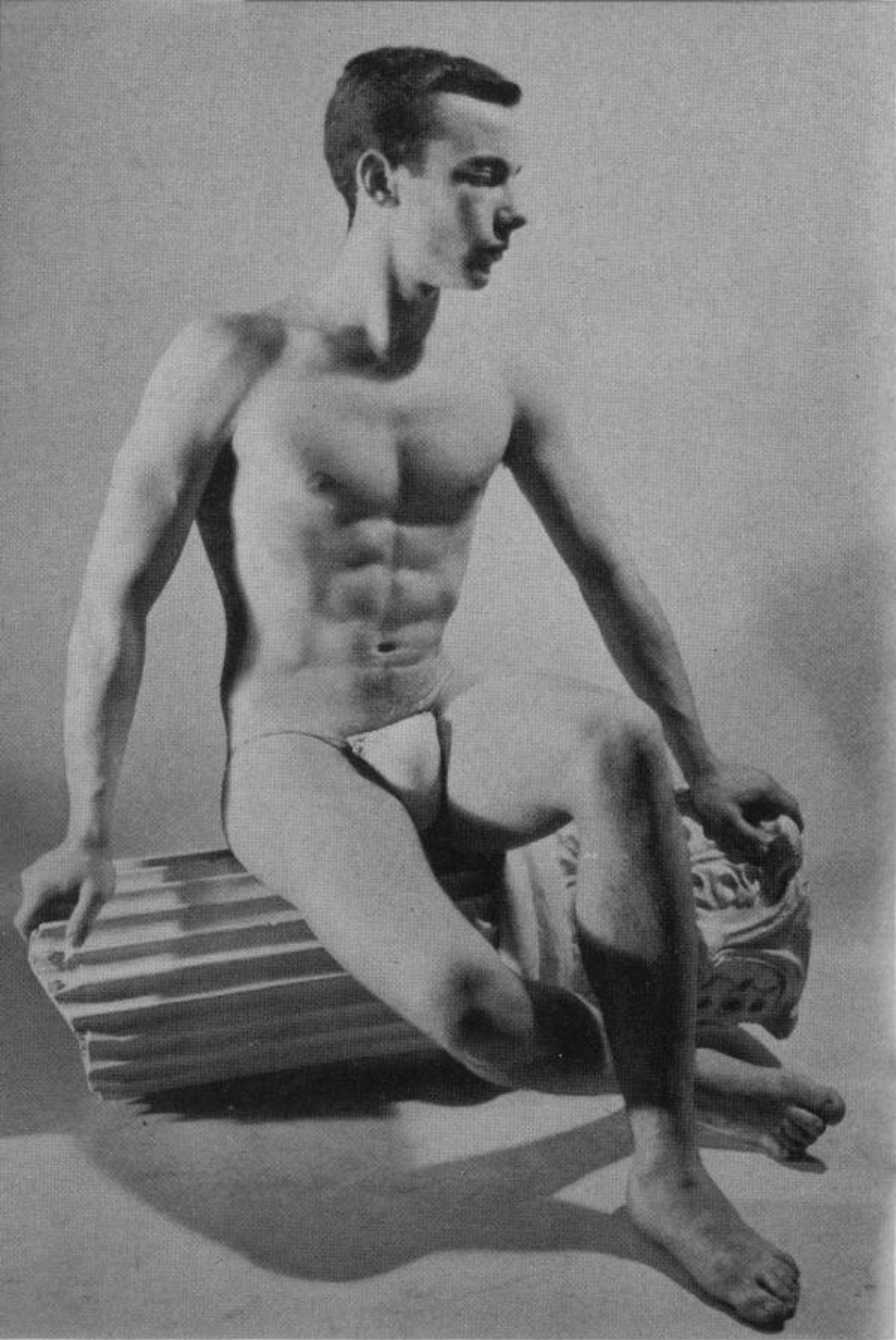

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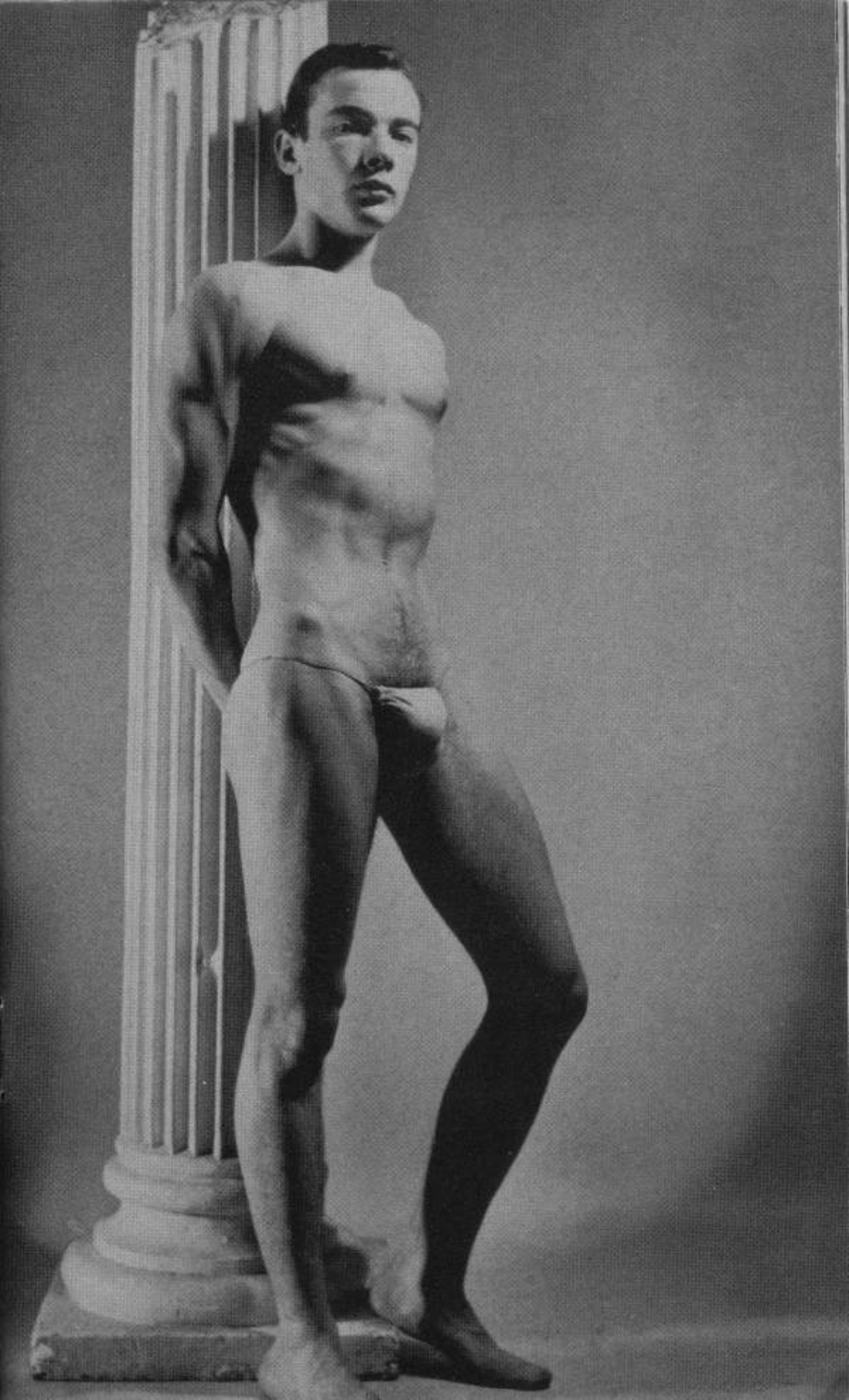

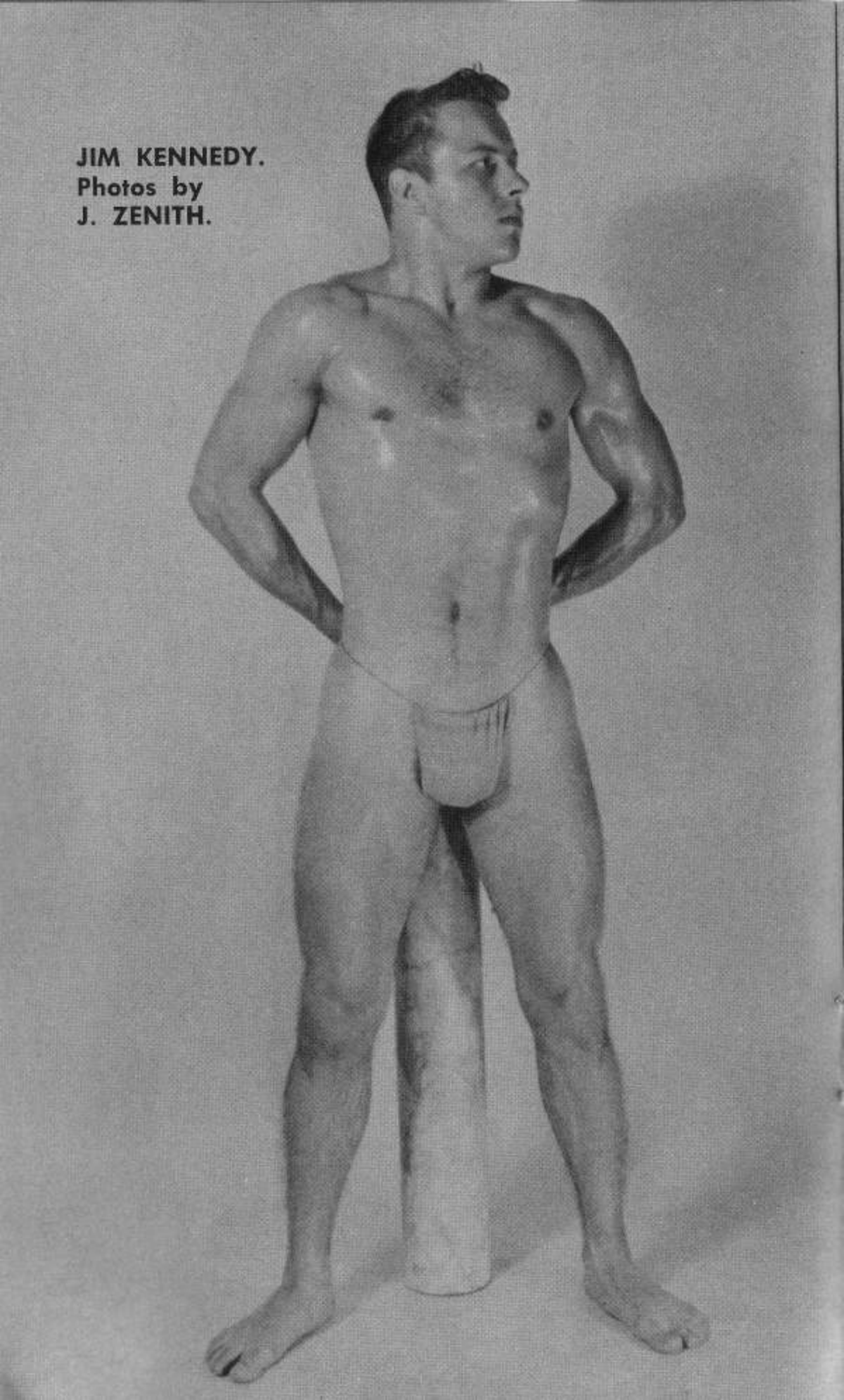
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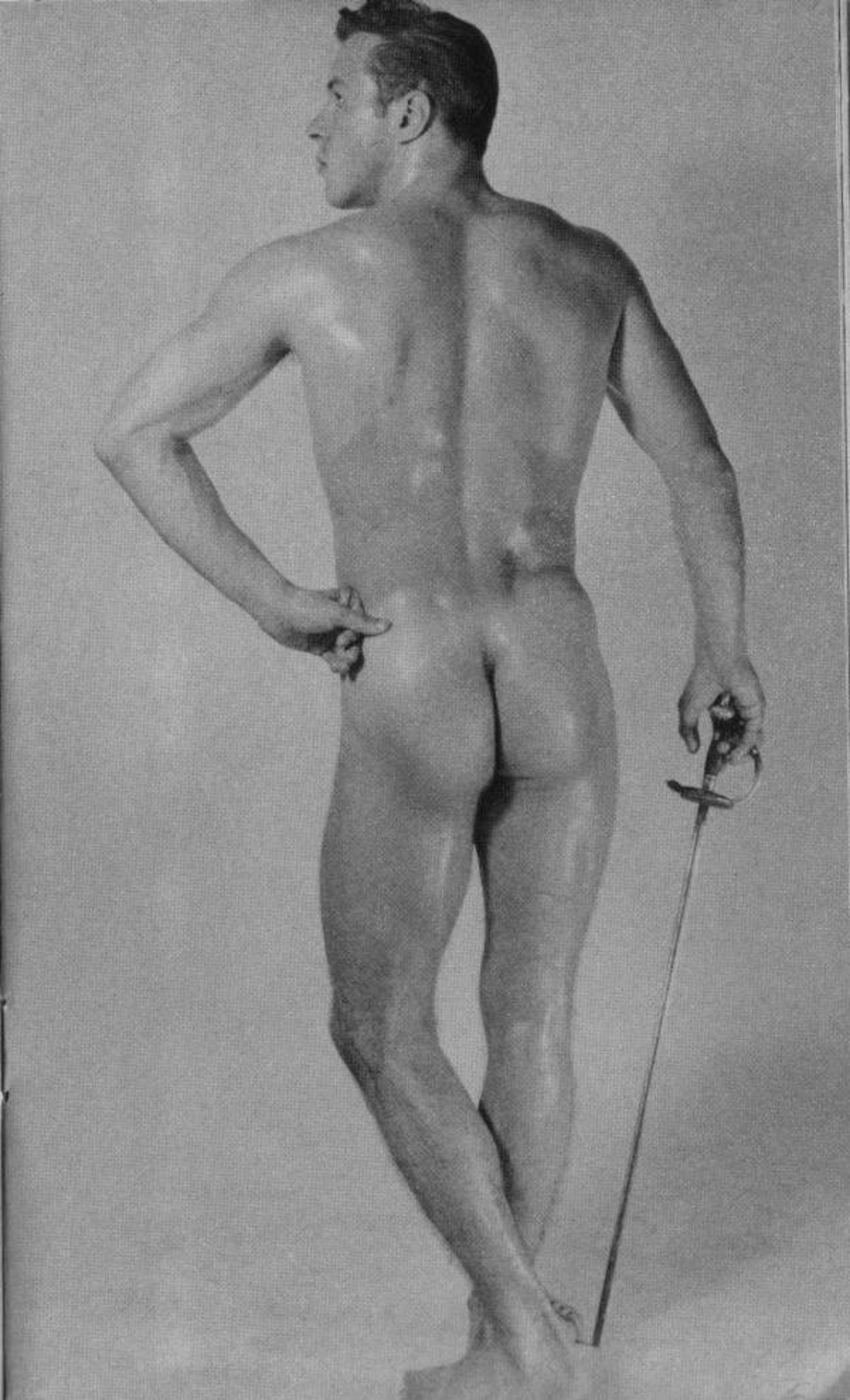

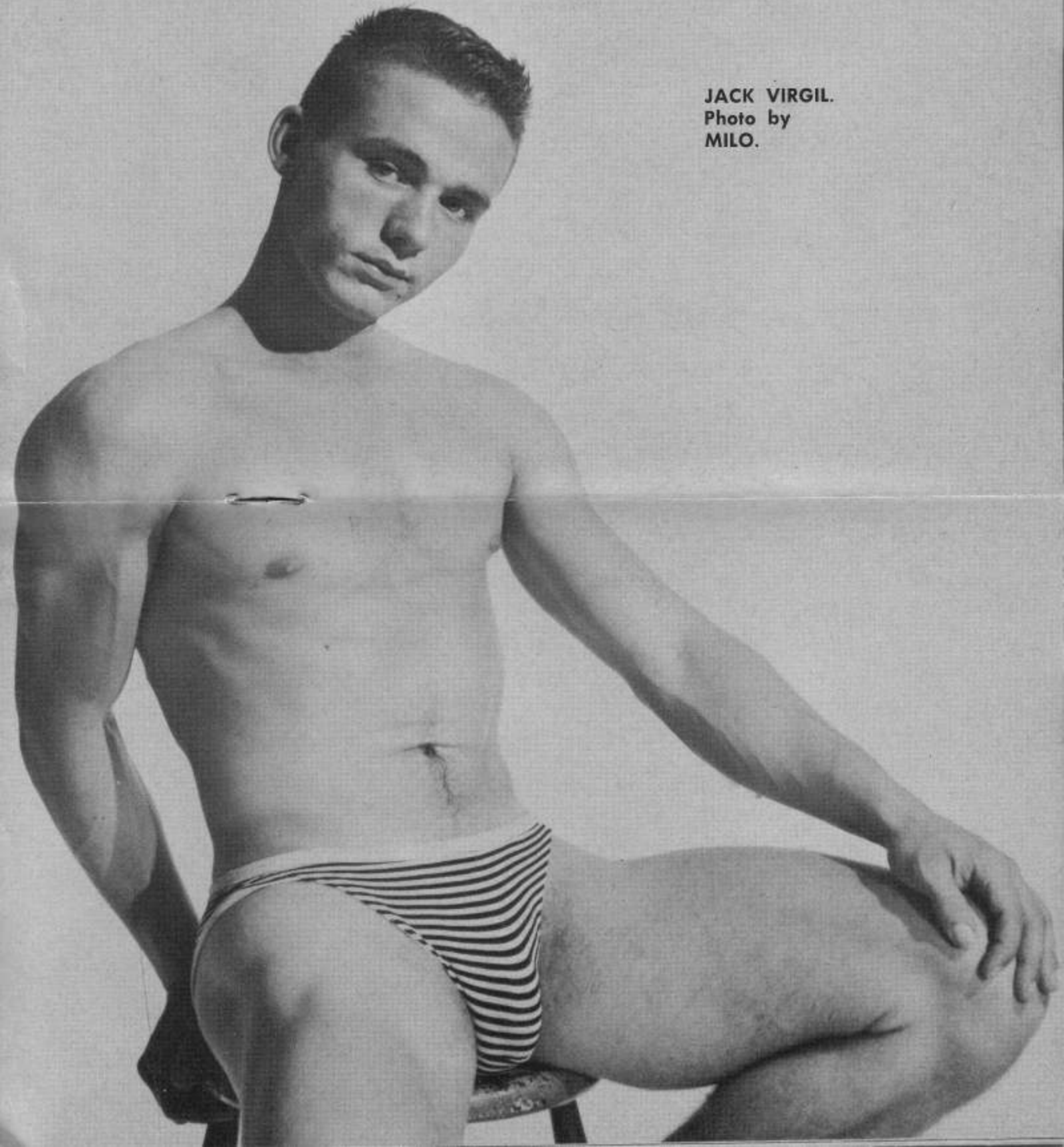

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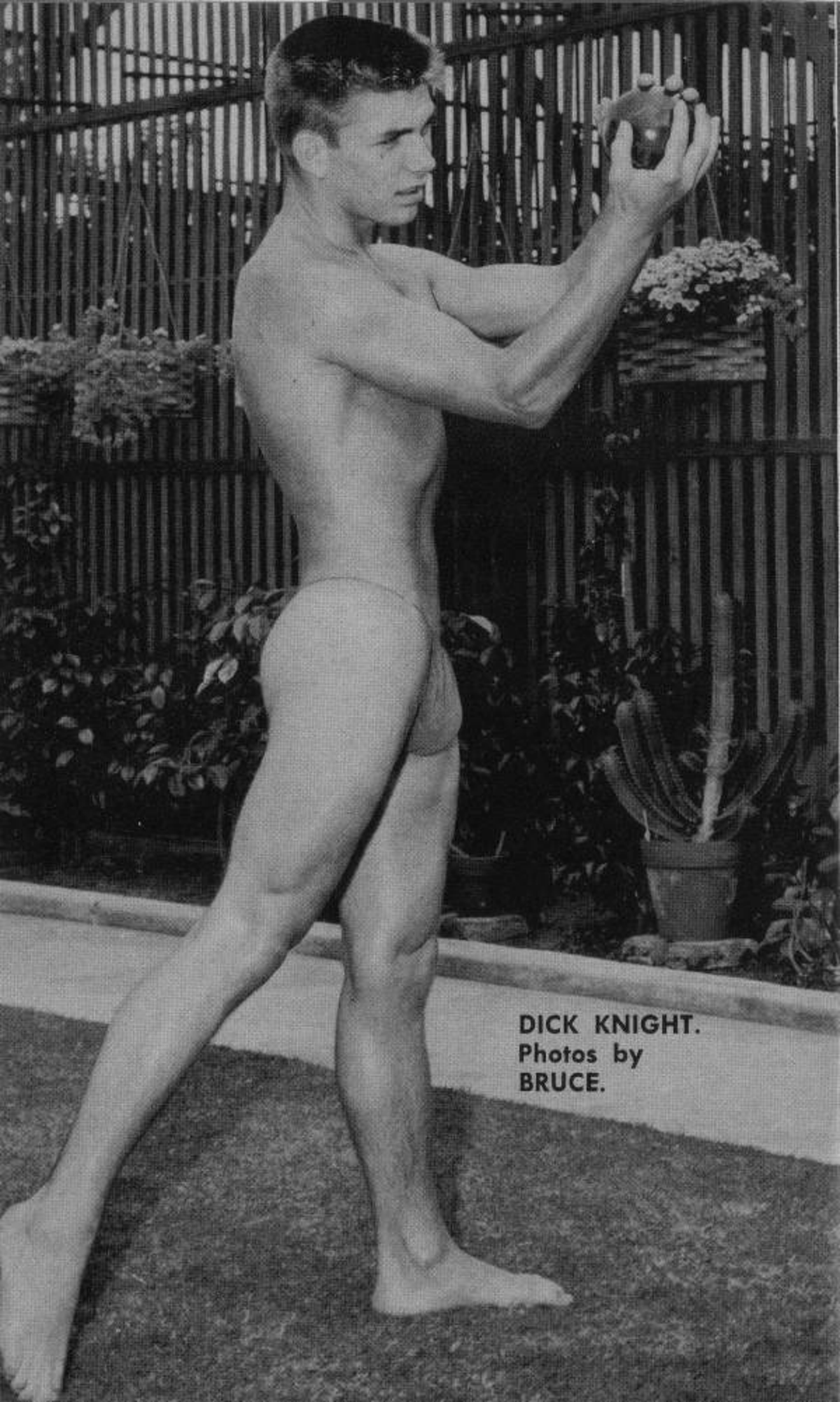

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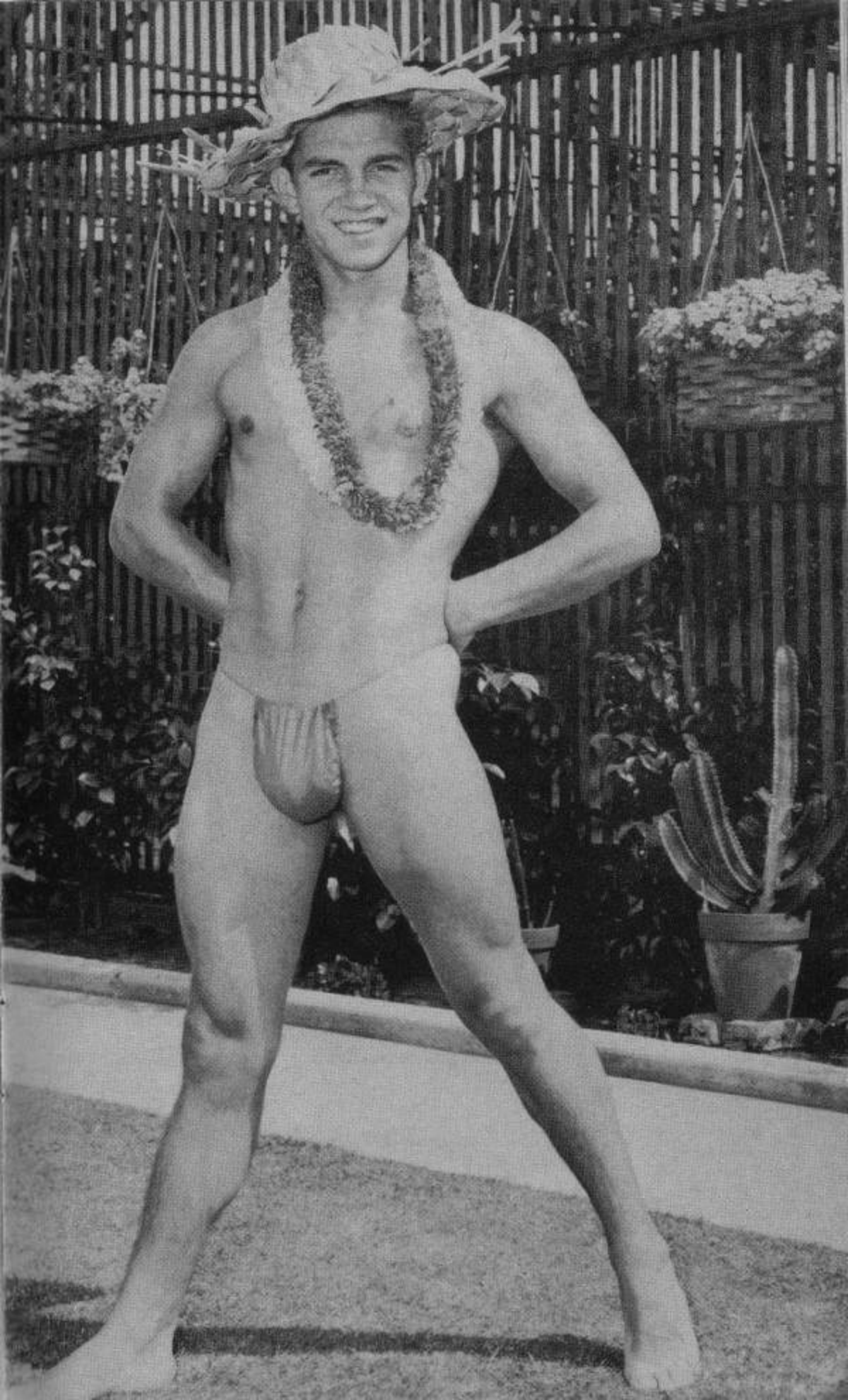

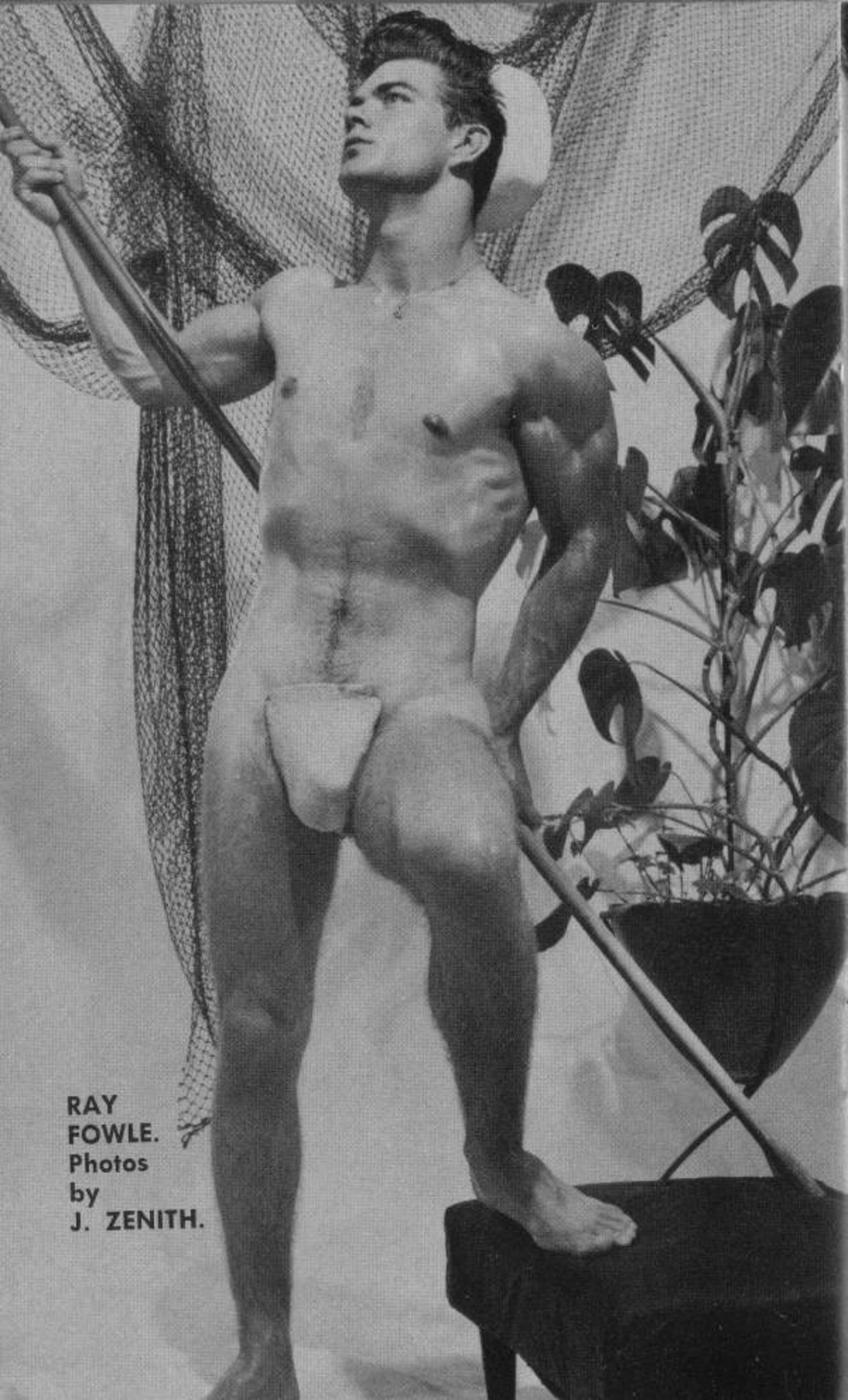

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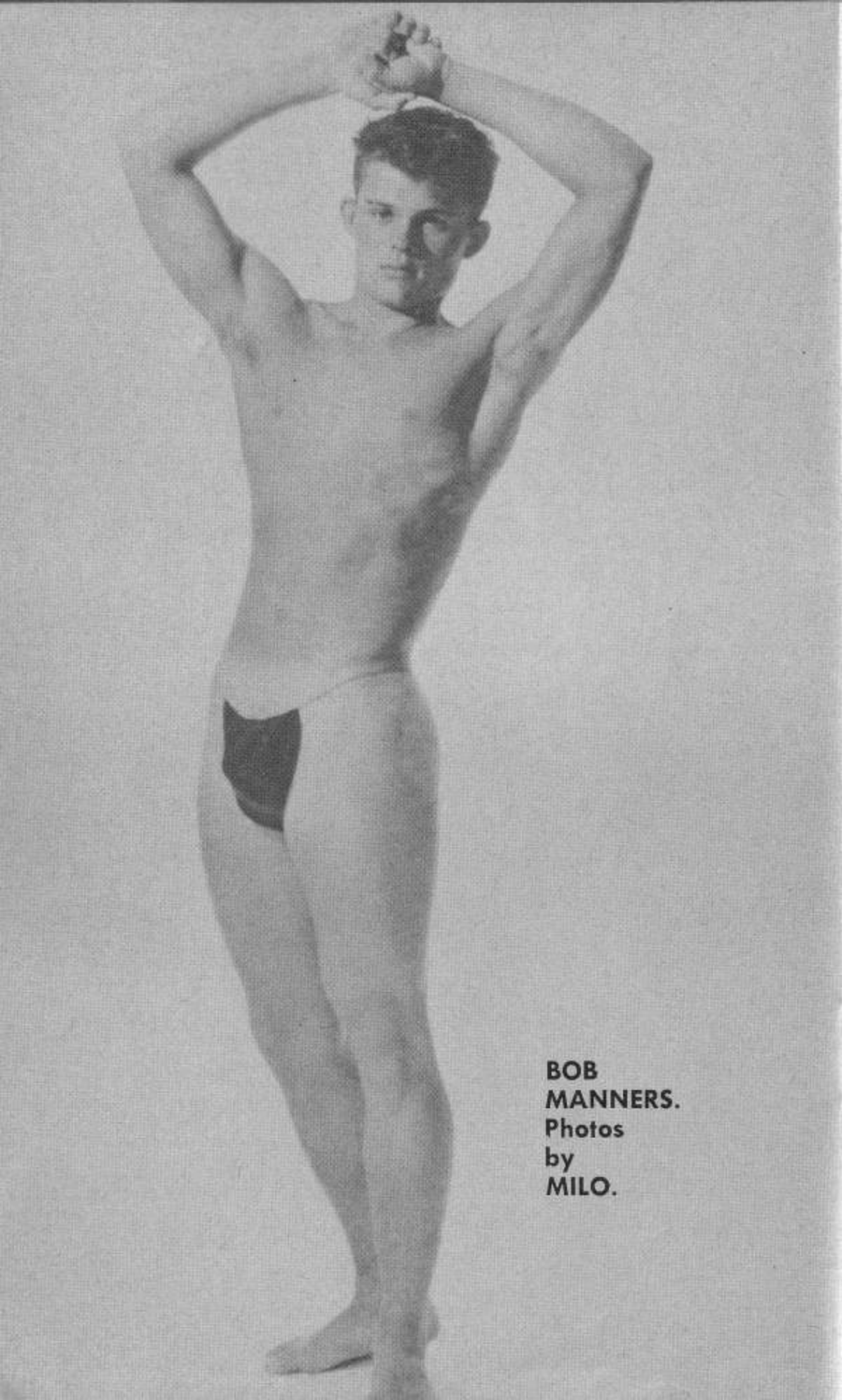

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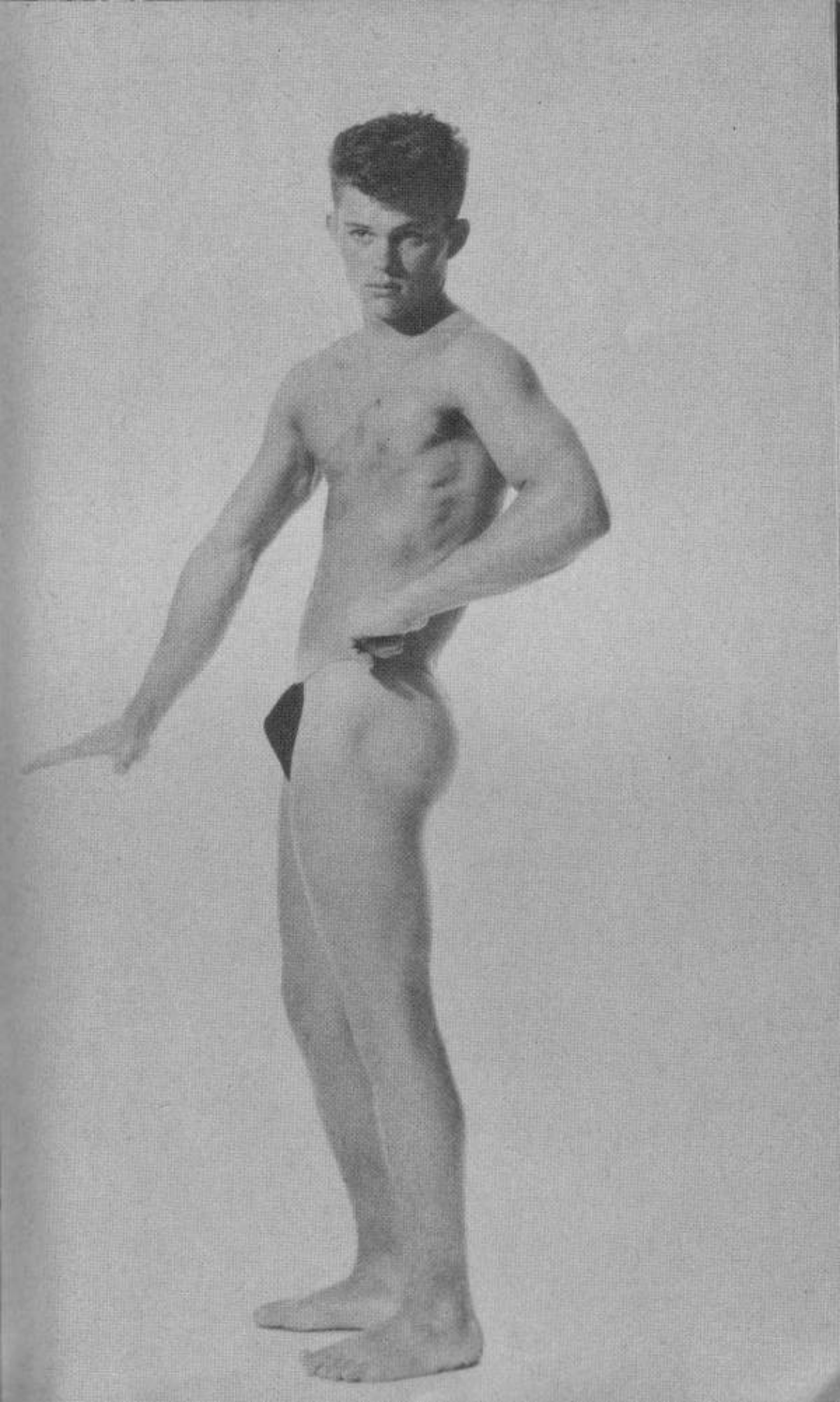

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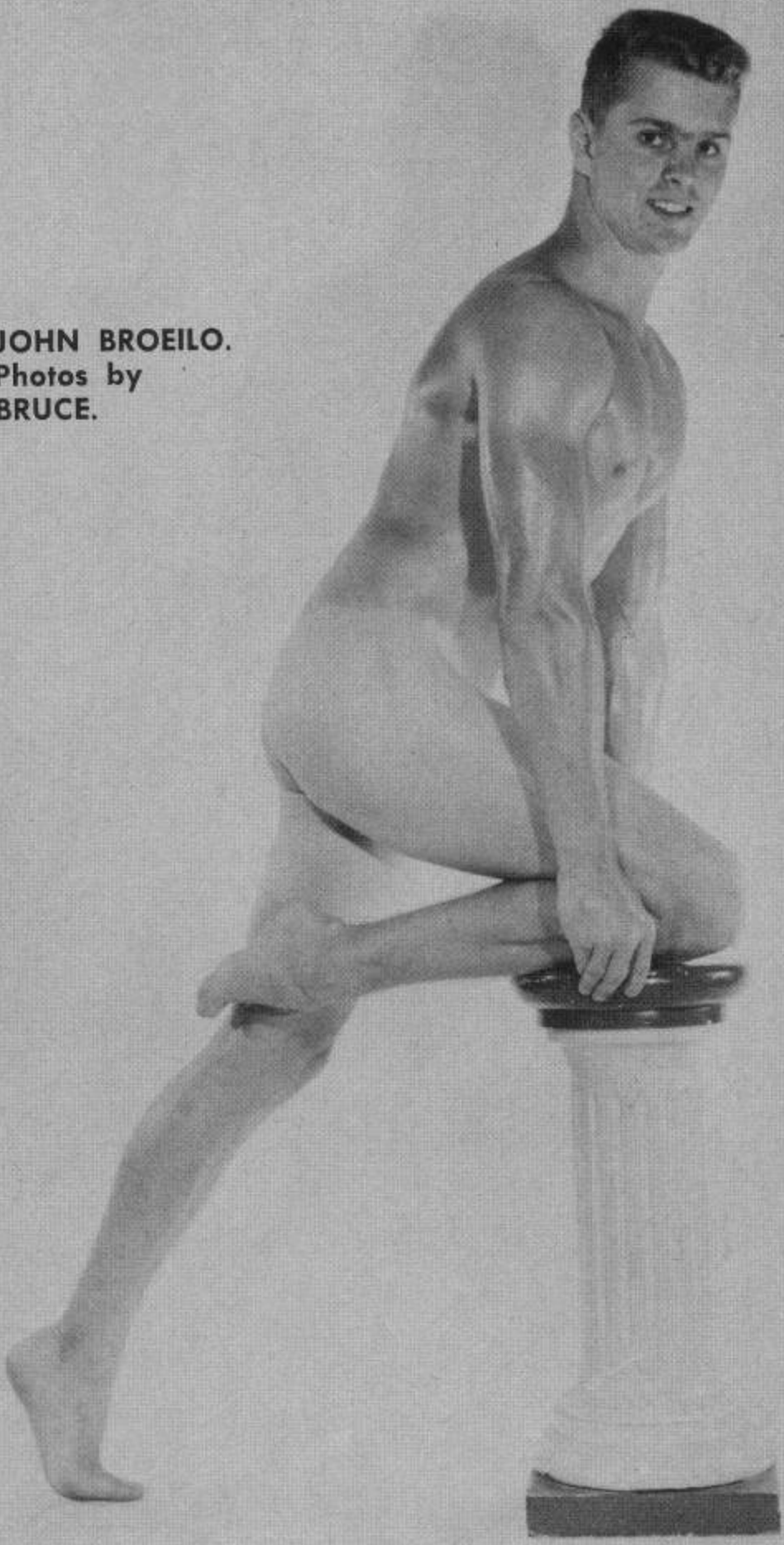

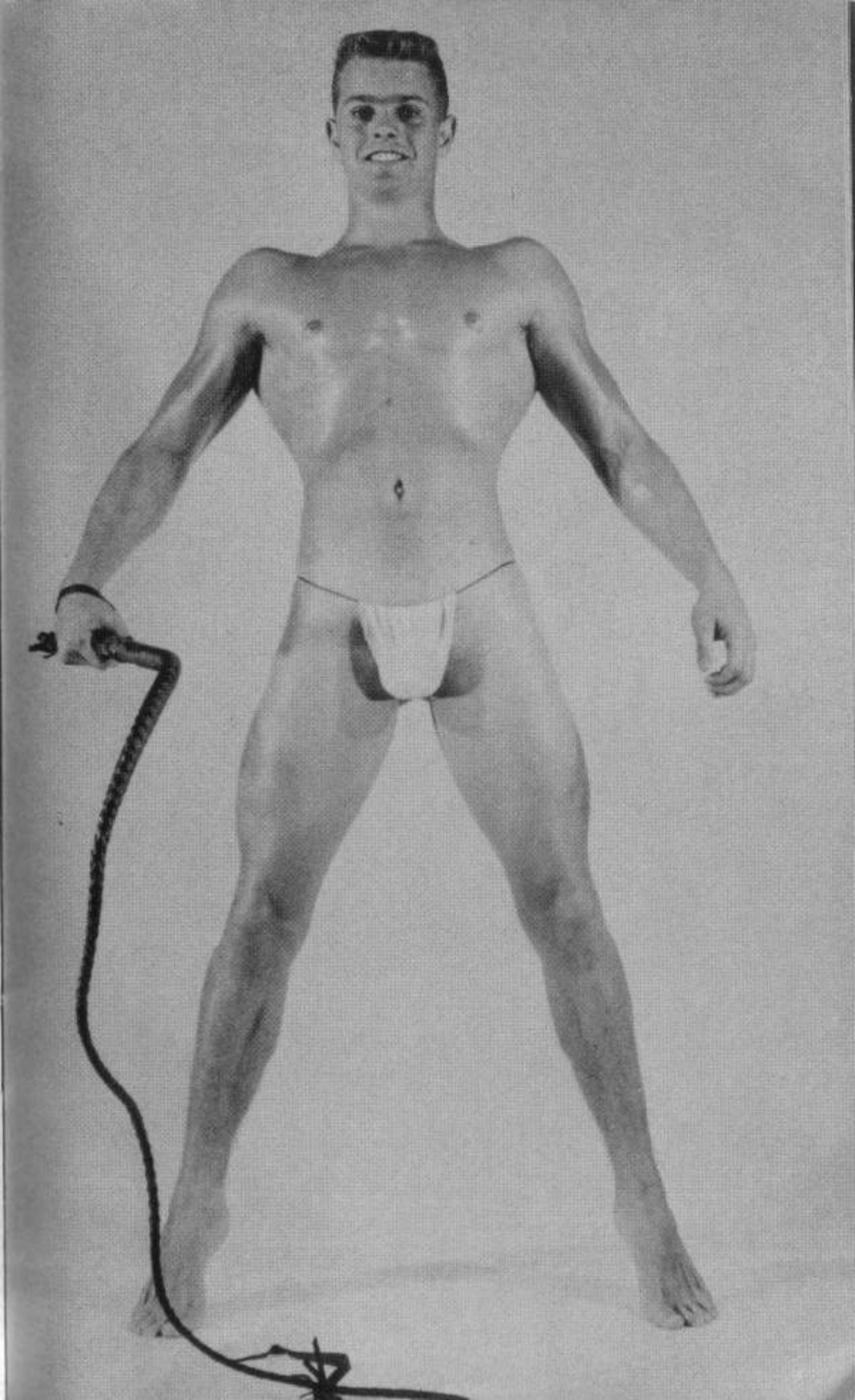

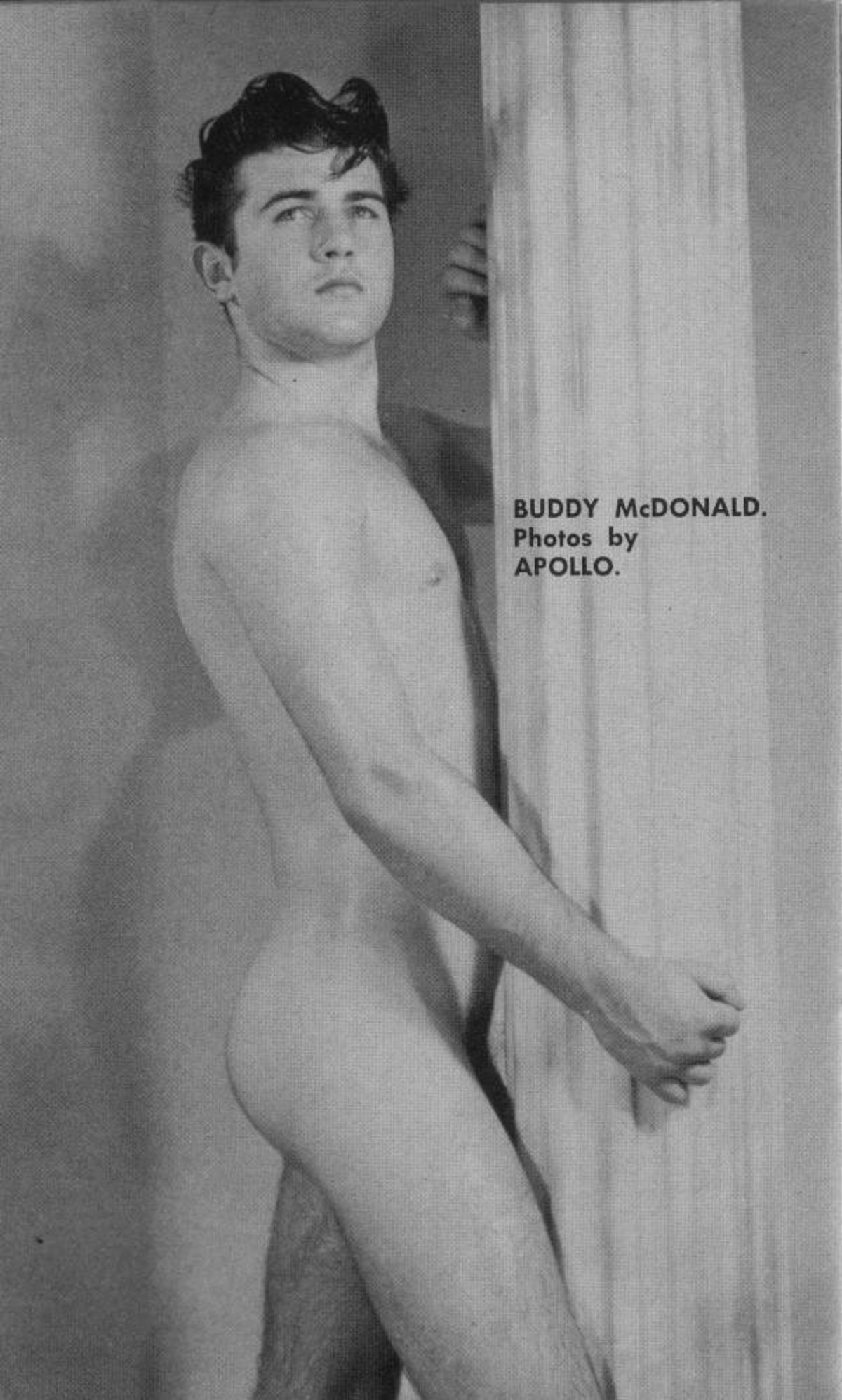

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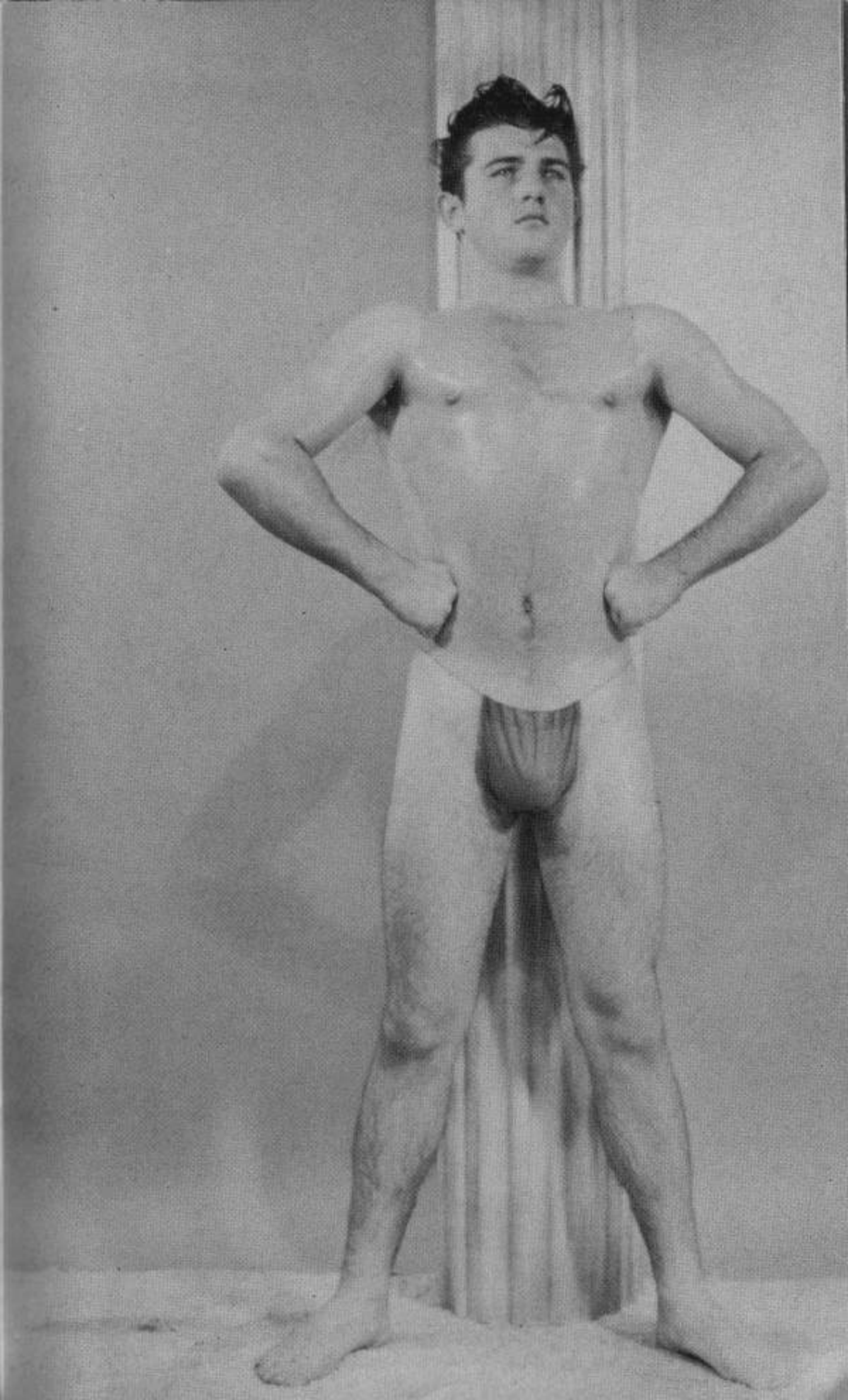

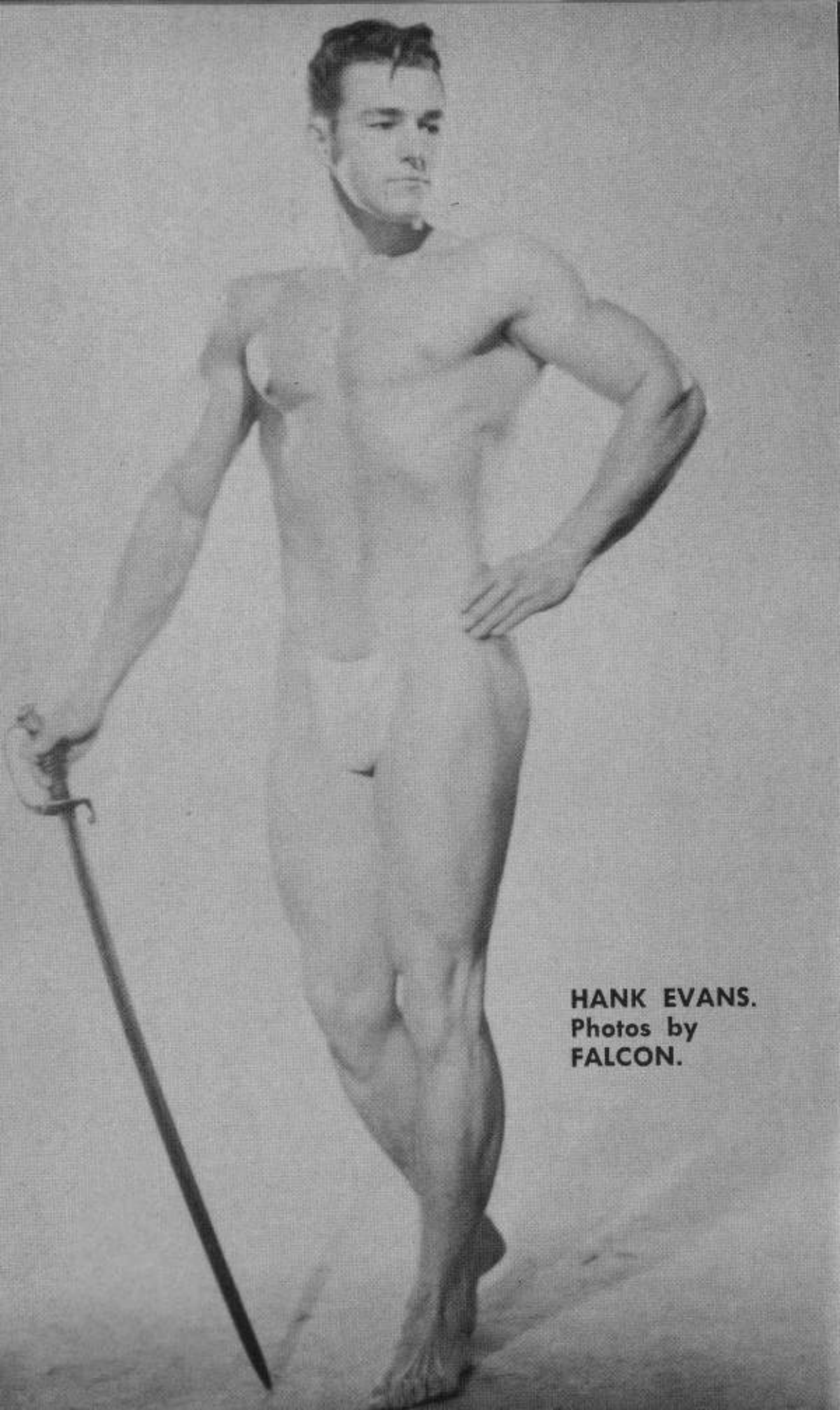

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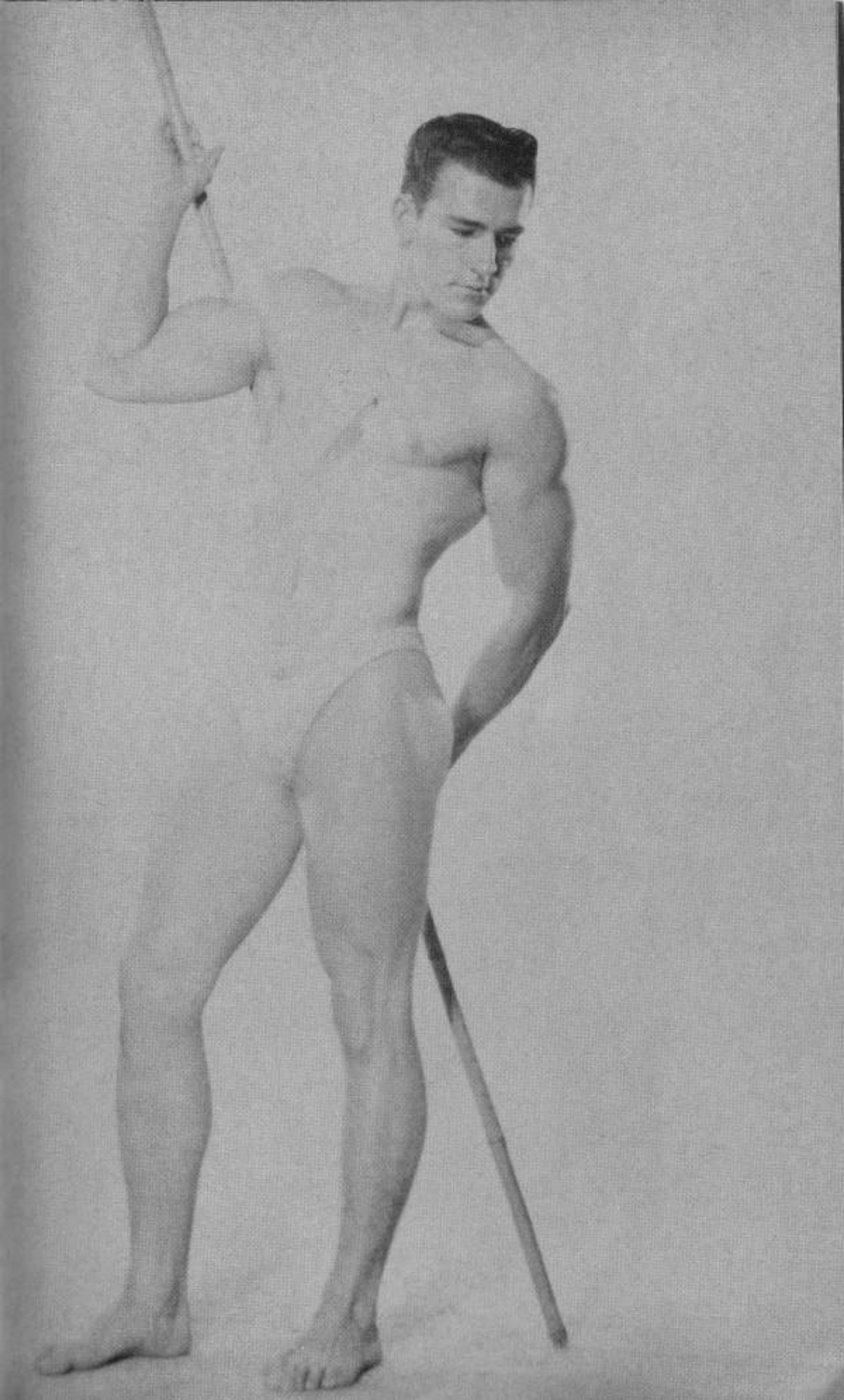

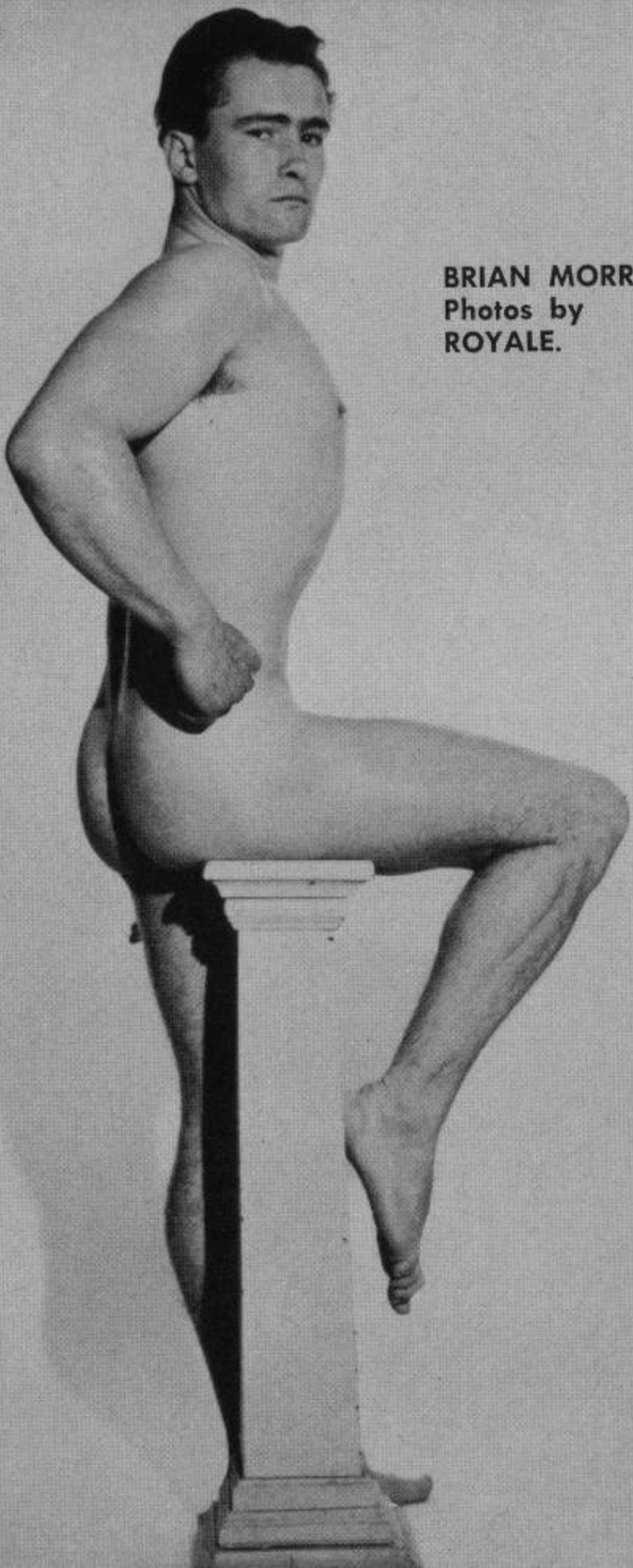

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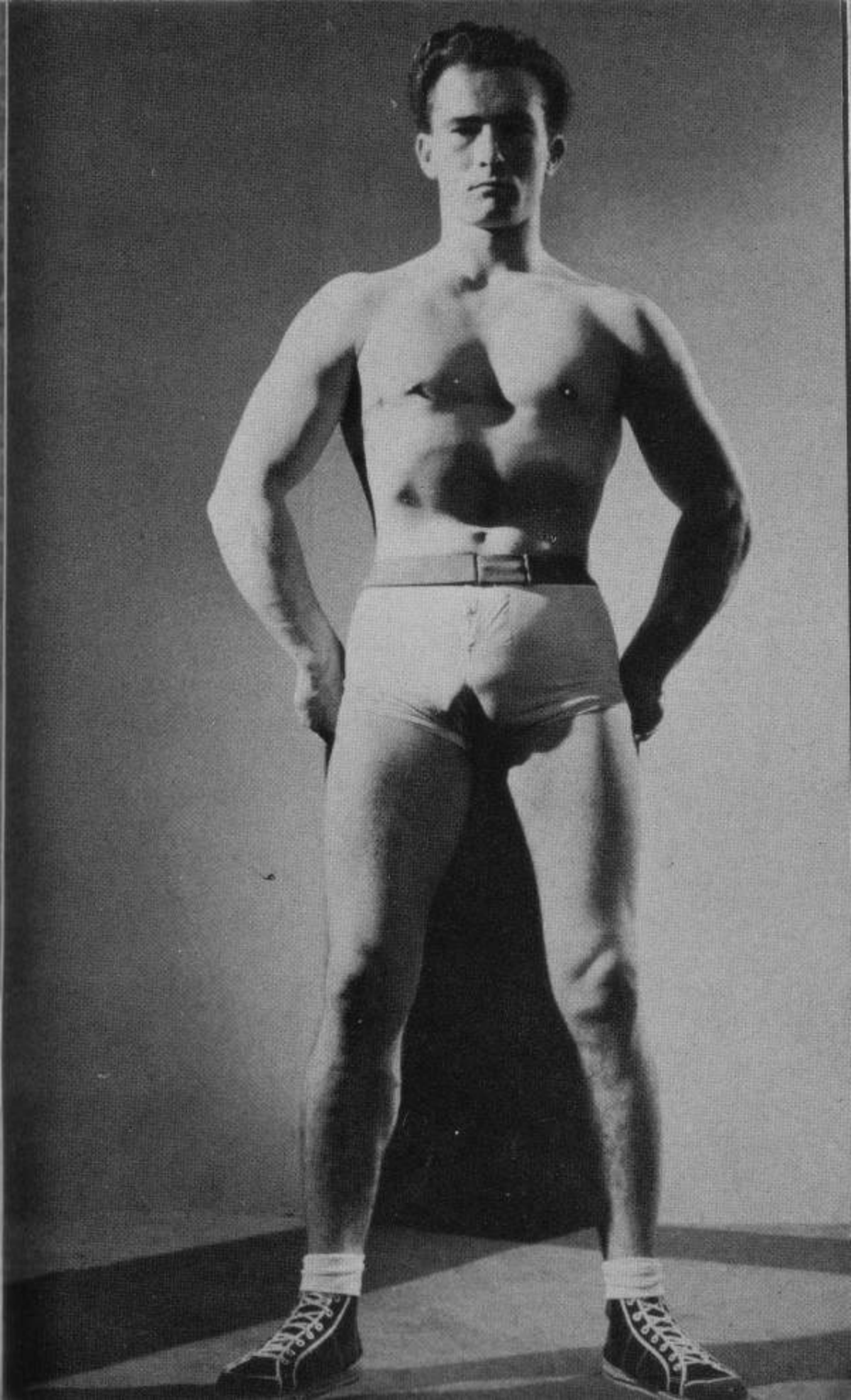

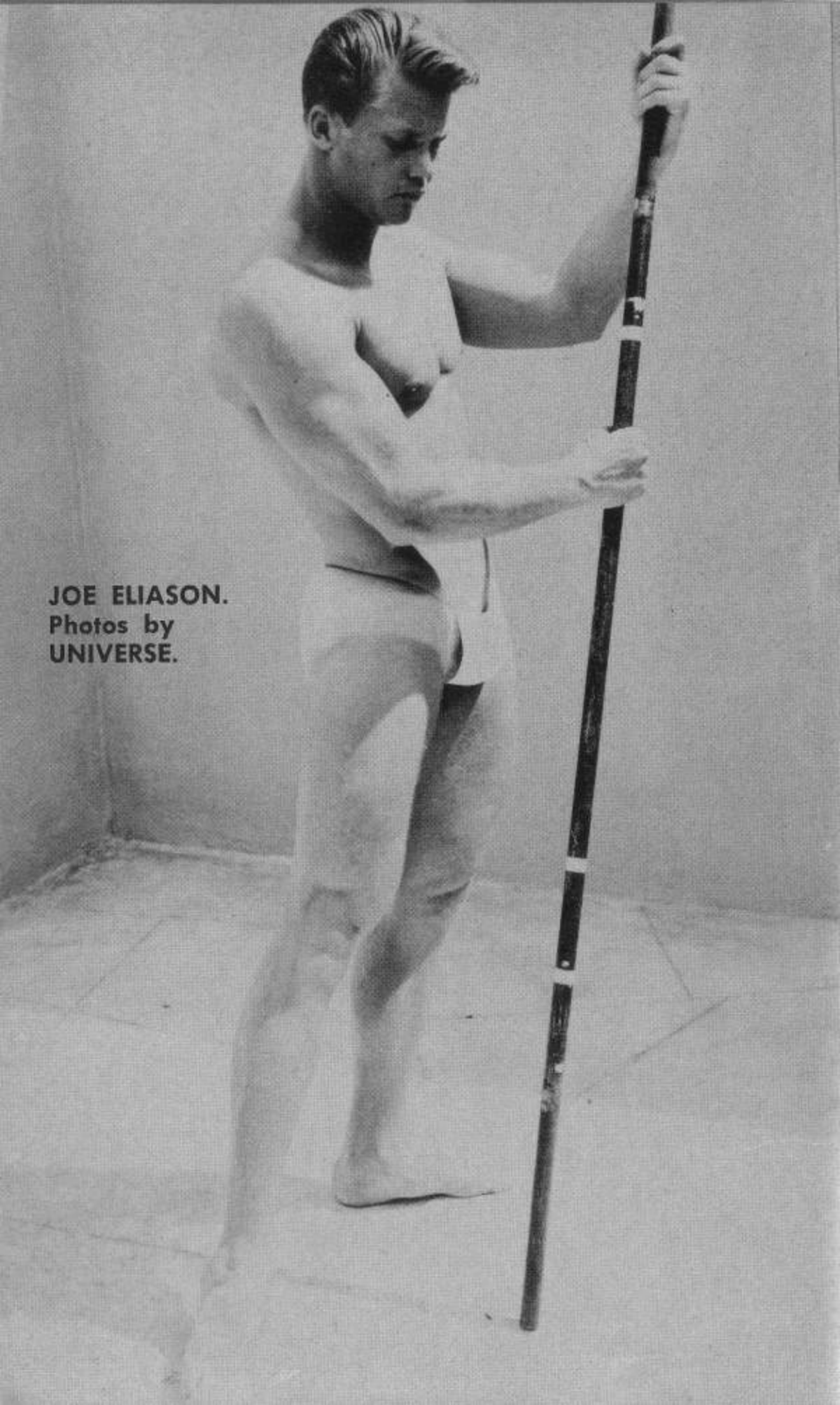

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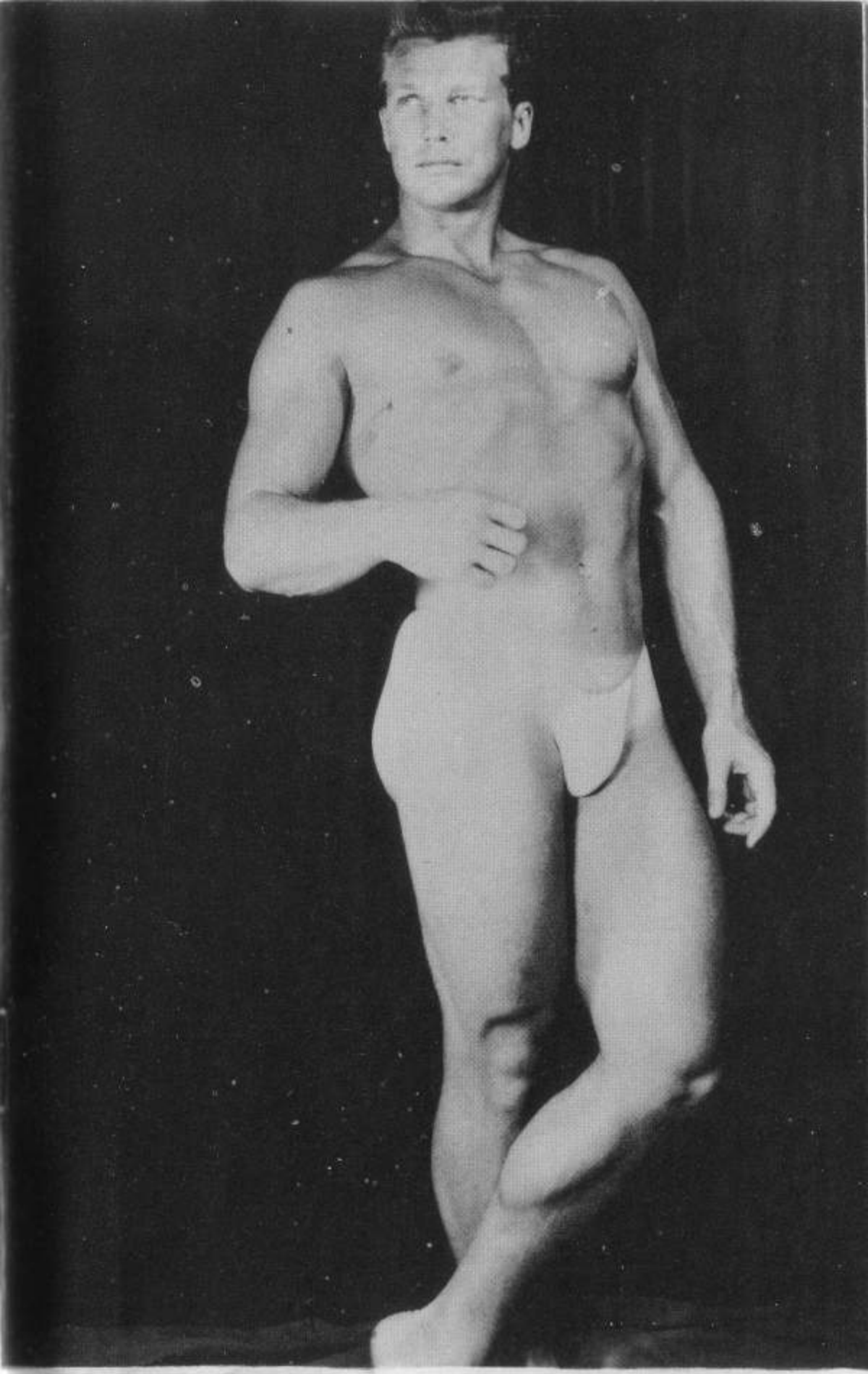

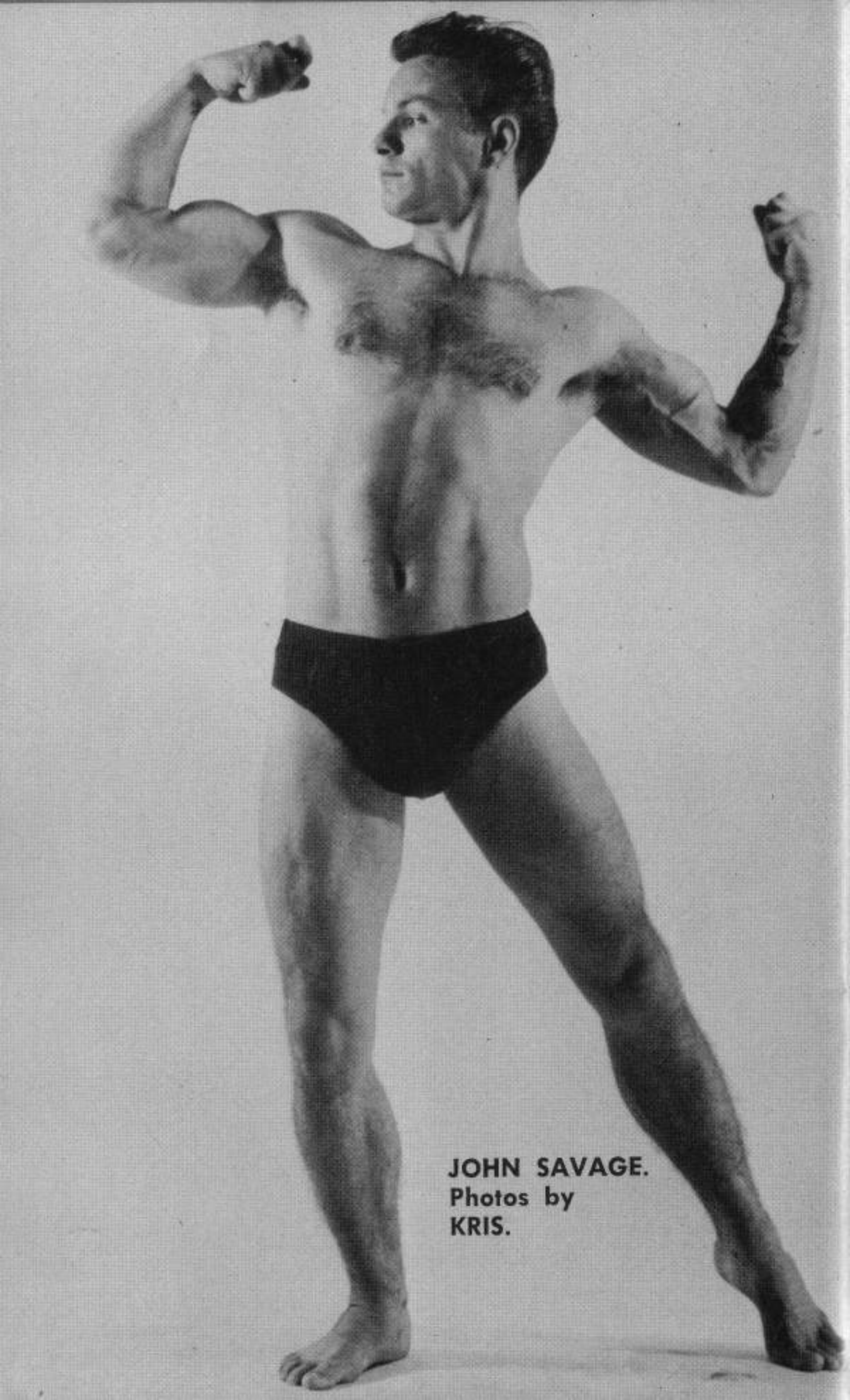

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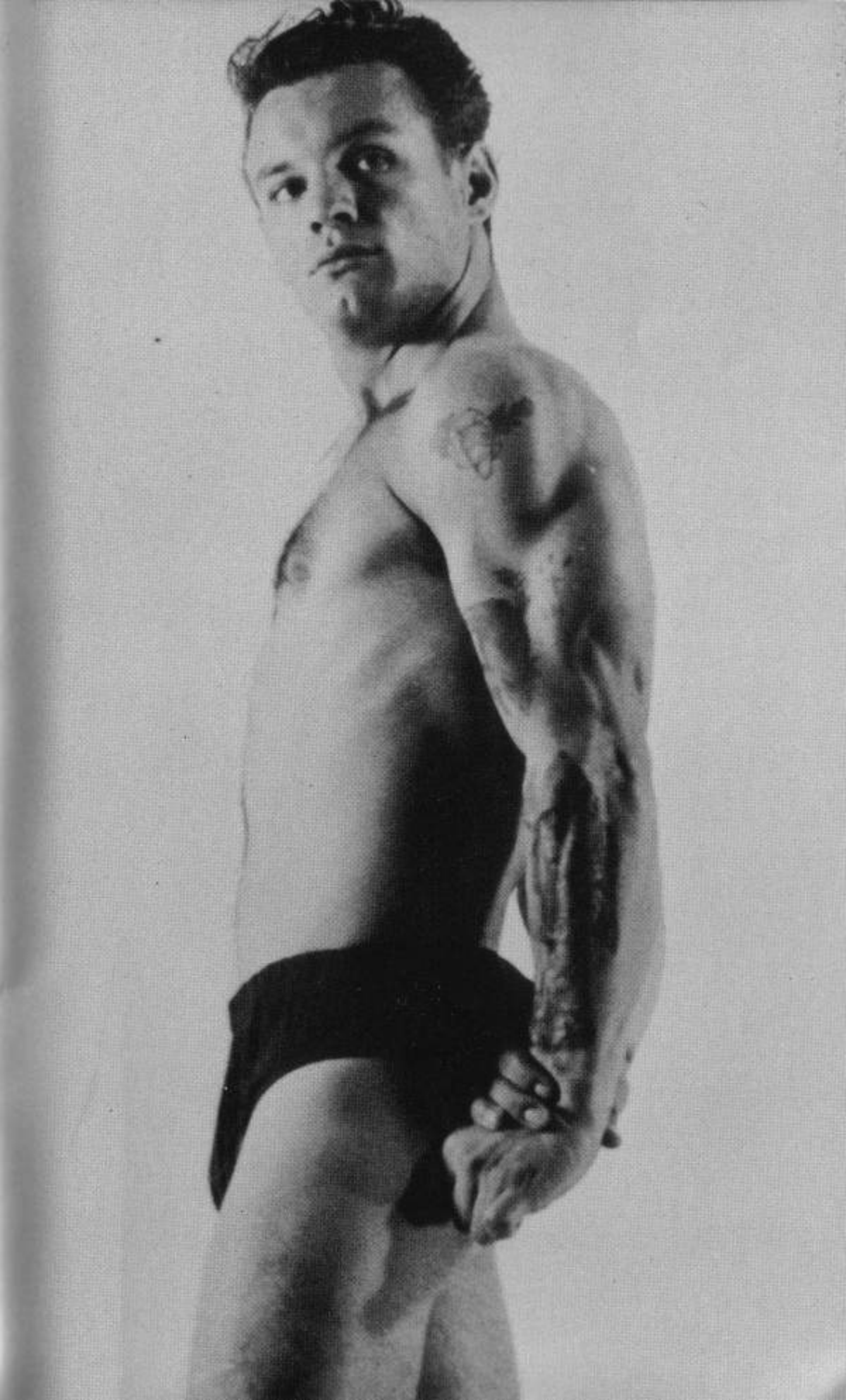

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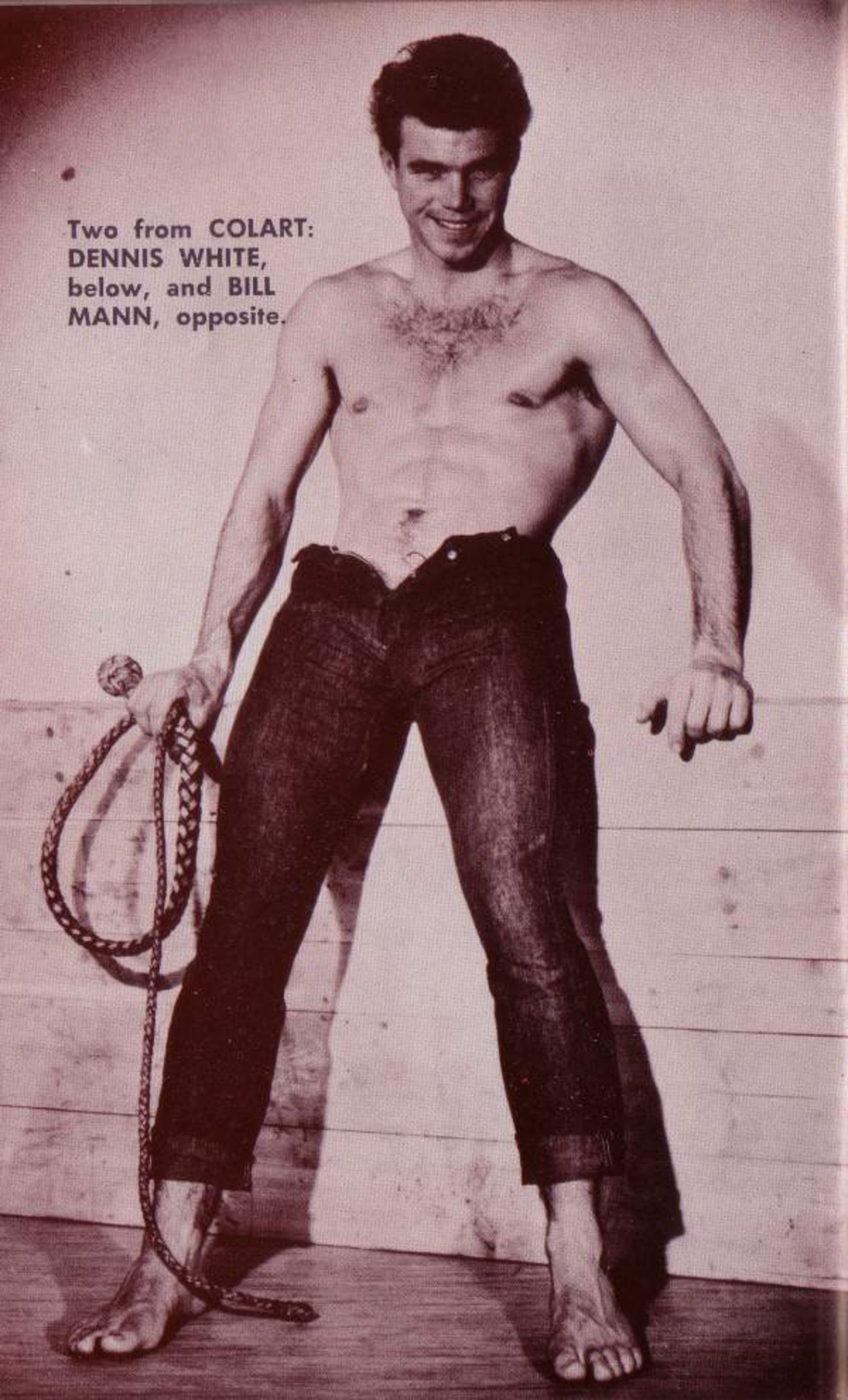
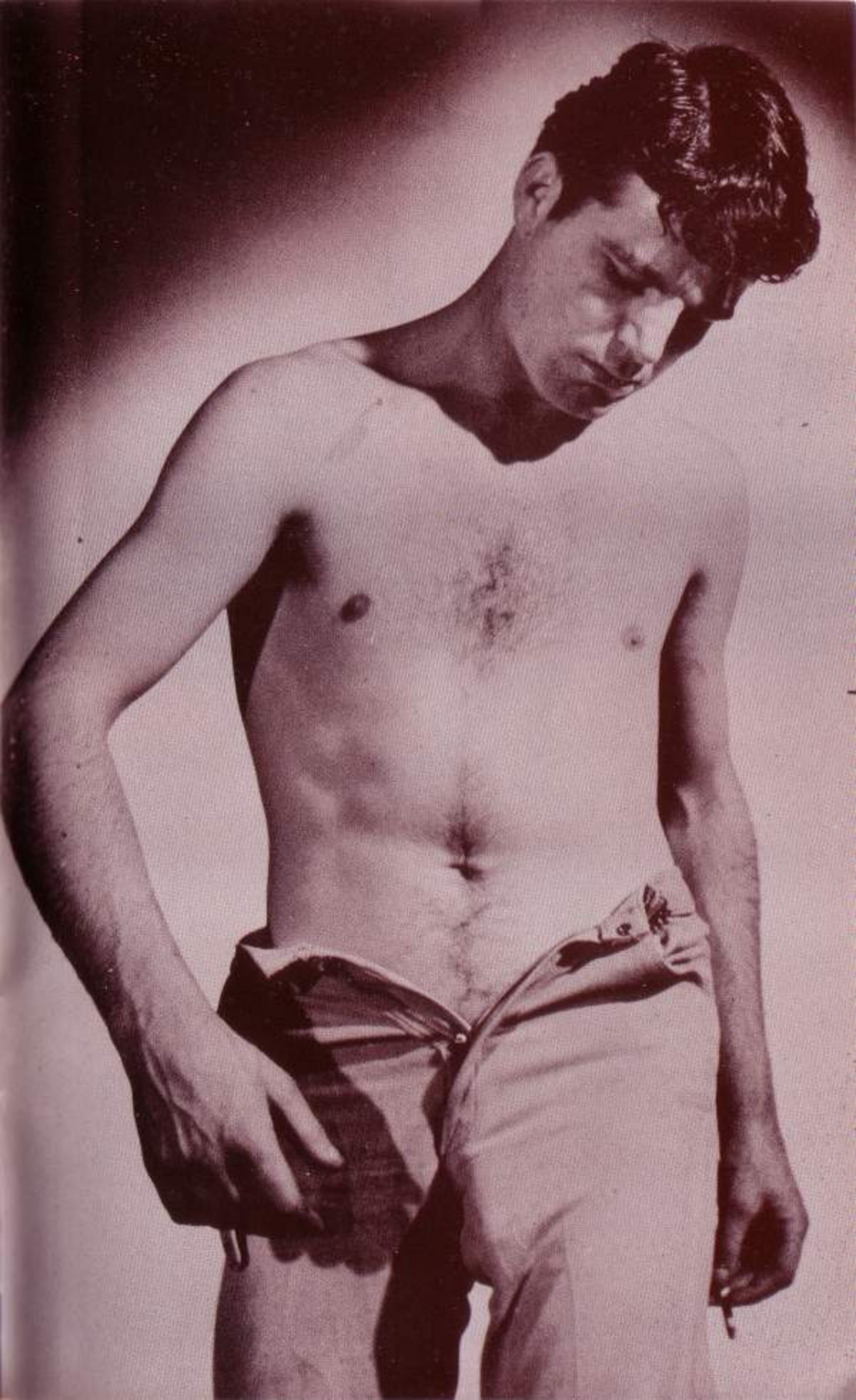
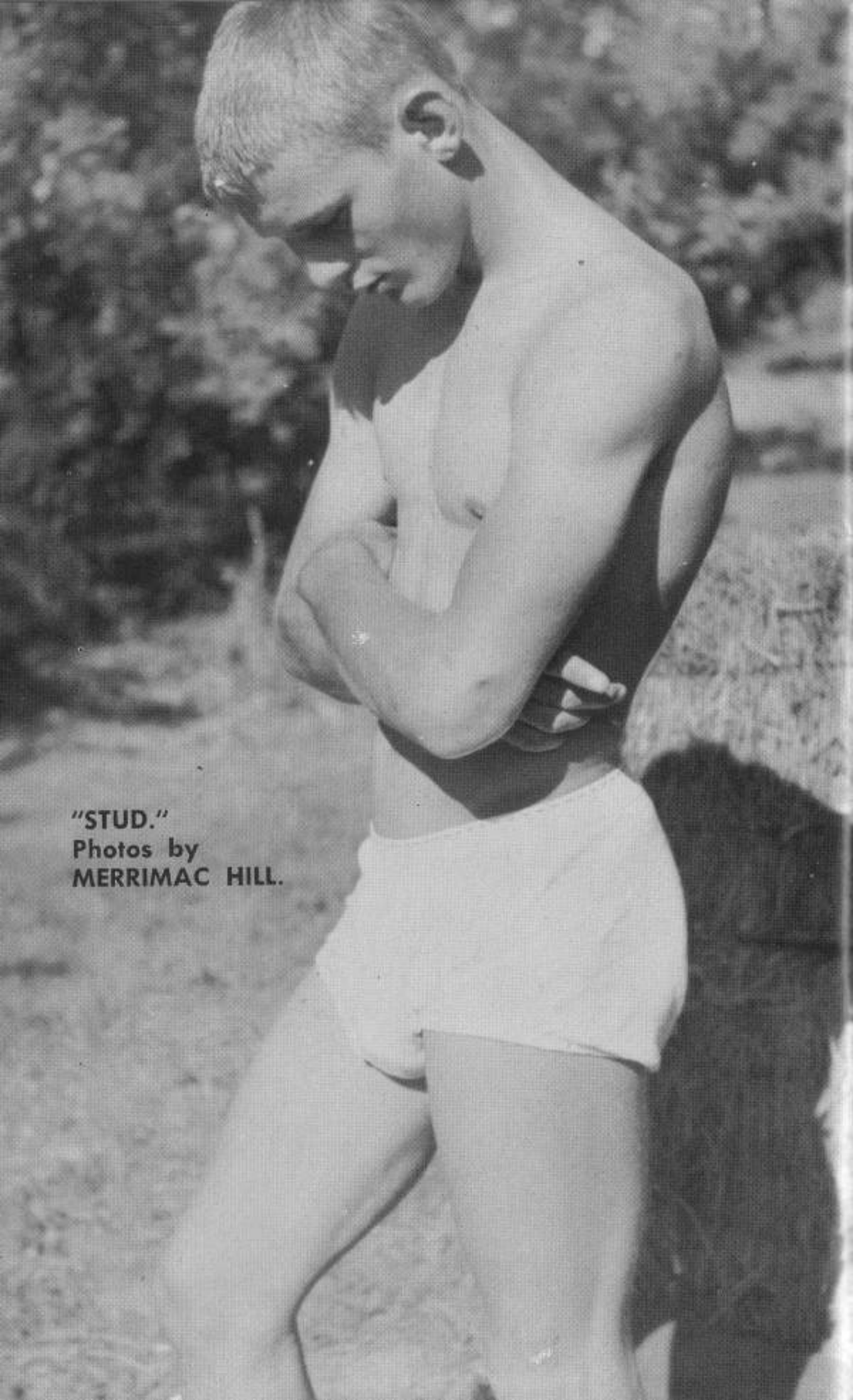


Two from COLART: DENNIS WHITE, below, and BILL MANN, opposite.





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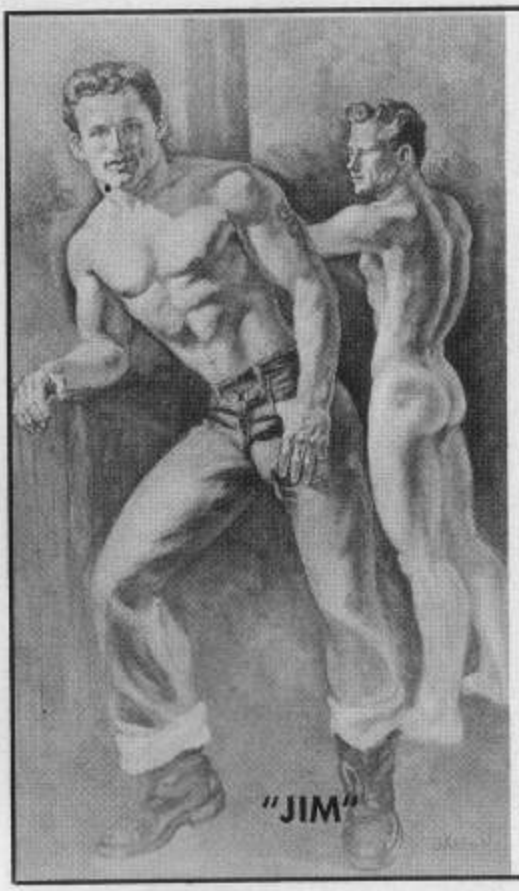

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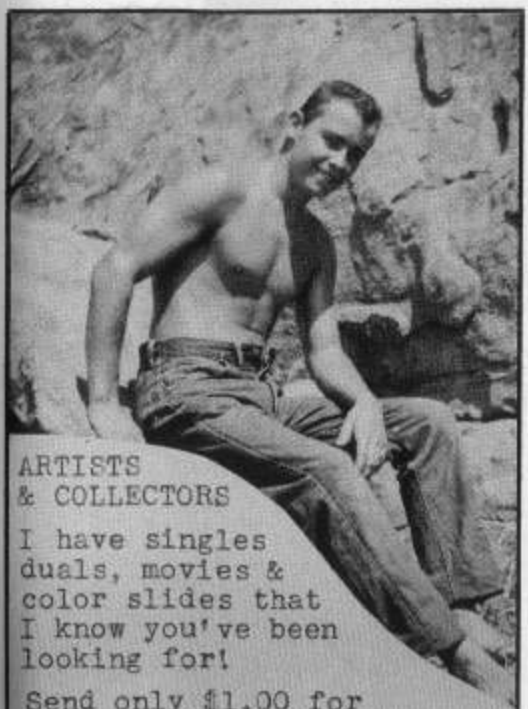

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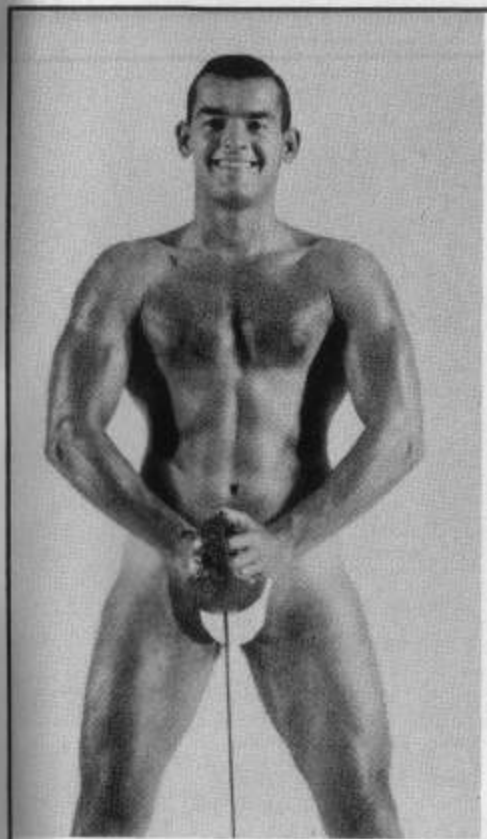

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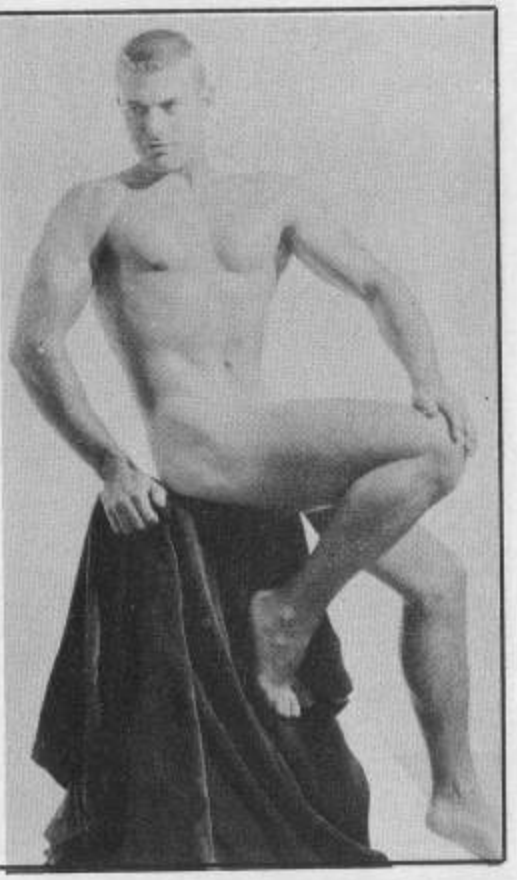

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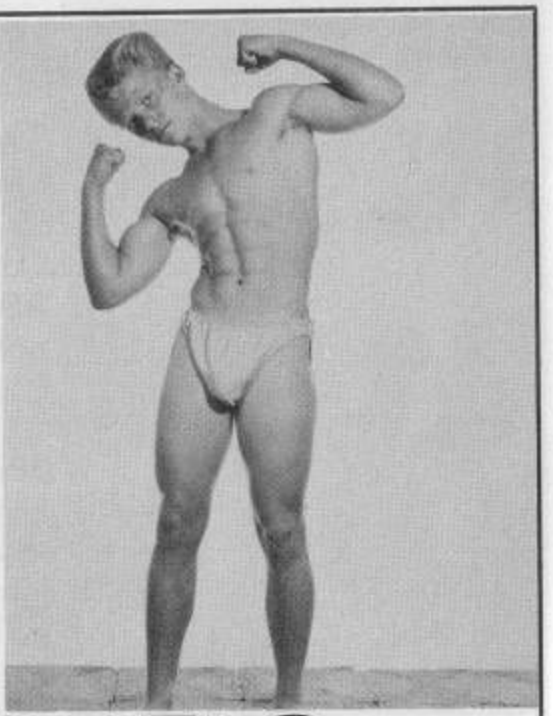

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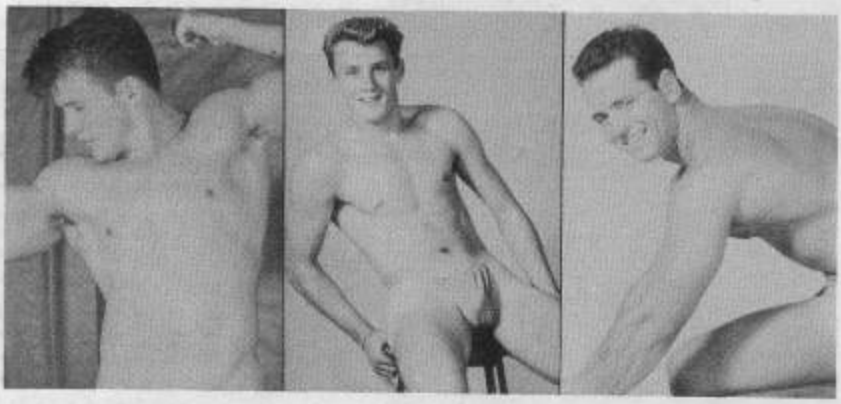

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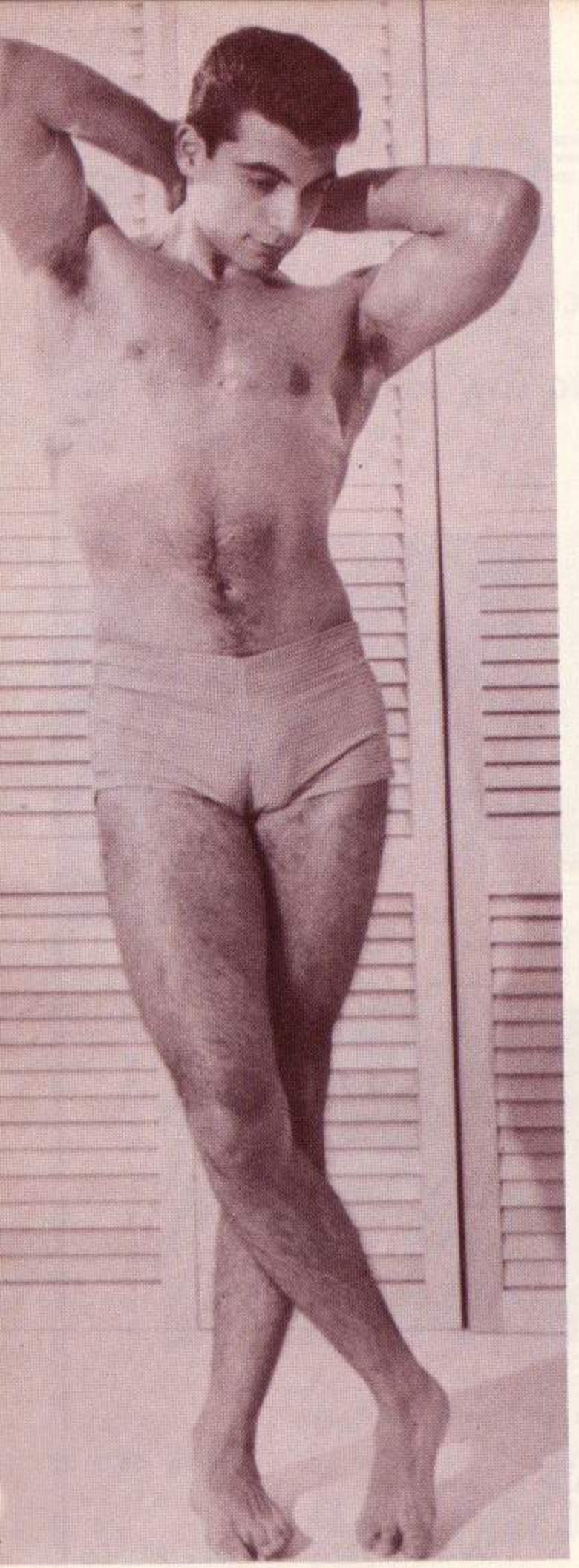

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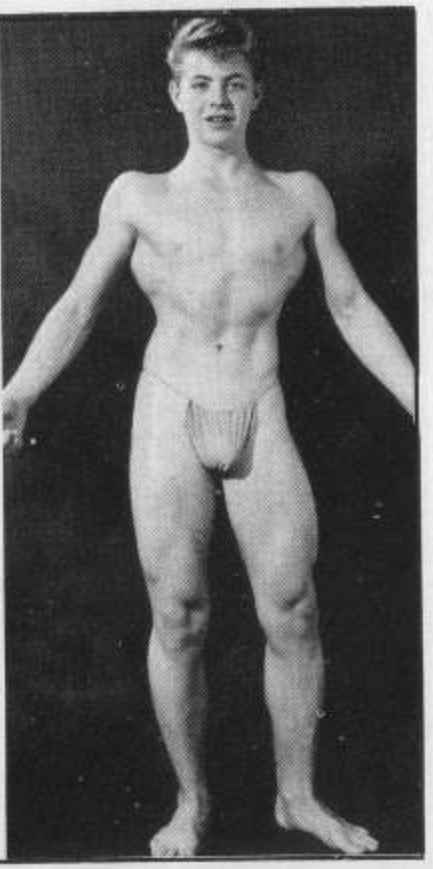

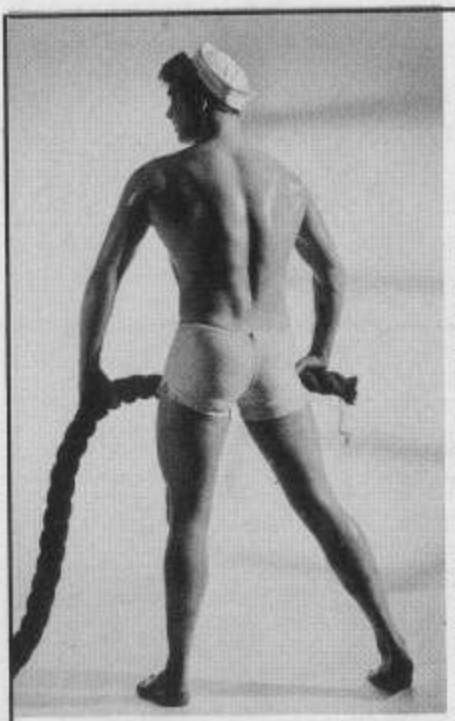

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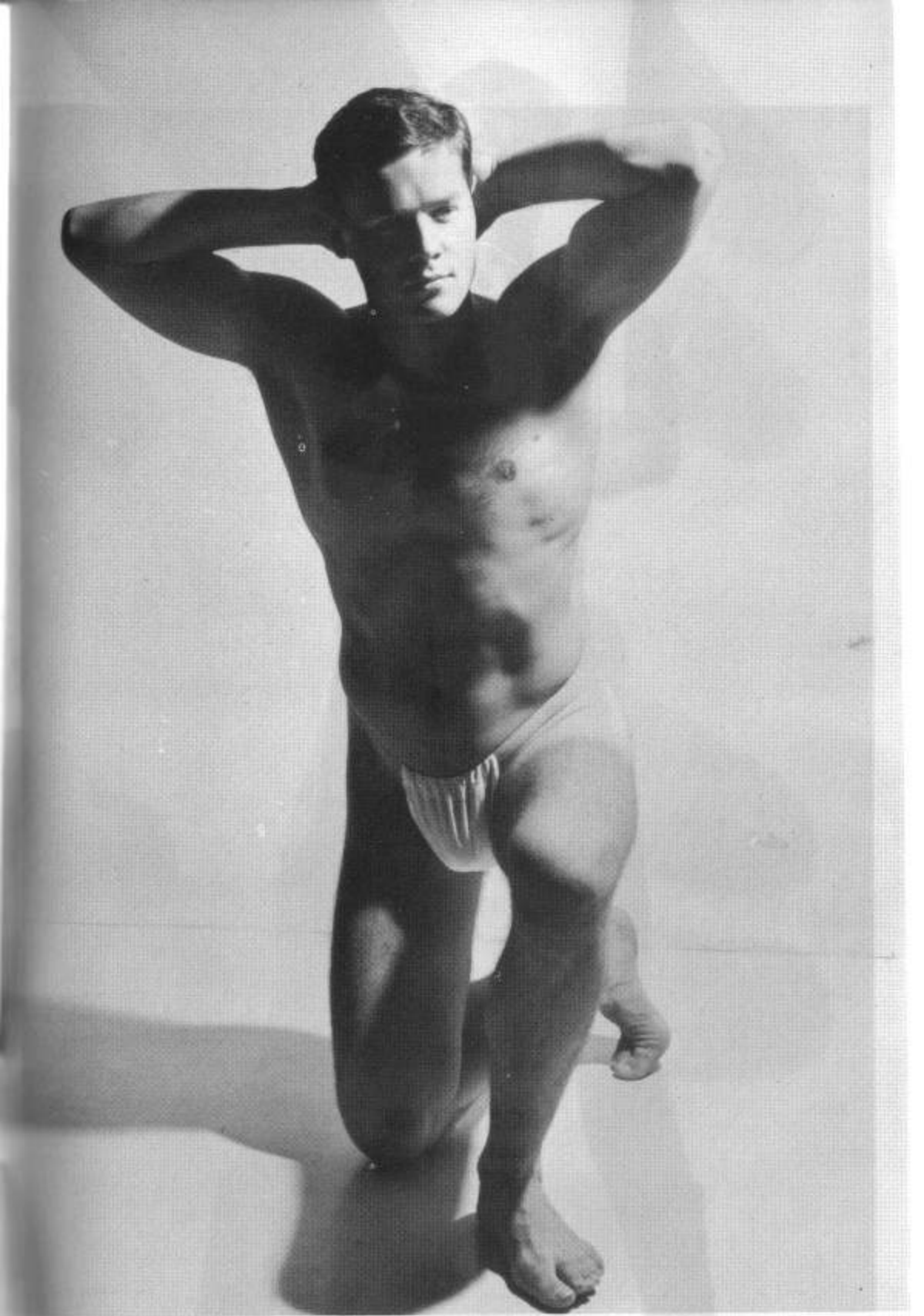

KARL GEYDAN, from West Germany and now employed in NYC, was discovered by FIZEEK Talent Scout RAY FOSTER. Photo by ANTHONY GUYTHER.

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